

# Sunday

拍数: 32      墙数: 2      级数: Beginner  
编舞者: Tracey Bryant (UK) - February 2011  
音乐: Sunday - Hurts : (CD: Happiness)



Starts - 7 secs.

## Right Chasse & Rock Step. Left Chasse & Rock Step.

1&2,3,4      Chasse to the right and step left foot behind right and rock back, rock forward on the right.  
5&6,7,8      Chasse to the left and step right foot behind left and rock back, rock forward on the left.

## Right Shuffle Forward, Rock Forward & Recover. Left Shuffle Back Half Turn,

### Touch & Step.

9&10,11,12      Right shuffle forward, then rock forward on the left foot, recover on the right.  
13&14,15,16      Left shuffle back, doing a half turn over your right shoulder, then touch your right toe forward,  
and then step forward on your right.

## Left Shuffle Forward, Forward Rock & Recover. Right Shuffle Back, Triple Step.

17&18,19,20      Left shuffle forward, Rock forward on the right, then recover on the left  
21&22,23&24      Right shuffle back, then left triple on the spot.

## Double Right Kick & Triple, Double Left Kick & Triple.

25,26,27&28      Kick your right leg across left and then kick your right leg out to the right, right triple on the  
spot.  
29,30,31&32      Kick your left leg across right and then kick your left leg out to the left, left triple on the spot.

Start Again

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