

Sunday

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Beginner
编舞者: Tracey Bryant (UK) - February 2011
音乐: Sunday - Hurts : (CD: Happiness)



Starts - 7 secs.

Right Chasse & Rock Step. Left Chasse & Rock Step.

1&2,3,4 Chasse to the right and step left foot behind right and rock back, rock forward on the right.
5&6,7,8 Chasse to the left and step right foot behind left and rock back, rock forward on the left.

Right Shuffle Forward, Rock Forward & Recover. Left Shuffle Back Half Turn, Touch & Step.

9&10,11,12 Right shuffle forward, then rock forward on the left foot, recover on the right.
13&14,15,16 Left shuffle back, doing a half turn over your right shoulder, then touch your right toe forward, and then step forward on your right.

Left Shuffle Forward, Forward Rock & Recover. Right Shuffle Back, Triple Step.

17&18,19,20 Left shuffle forward, Rock forward on the right, then recover on the left
21&22,23&24 Right shuffle back, then left triple on the spot.

Double Right Kick & Triple, Double Left Kick & Triple.

25,26,27&28 Kick your right leg across left and then kick your right leg out to the right, right triple on the spot.
29,30,31&32 Kick your left leg across right and then kick your left leg out to the left, left triple on the spot.

Start Again
