

Enjoy Yourself

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Carl Sullivan (AUS) - January 2011
音乐: Enjoy Yourself - Billy Currington : (Album: Enjoy Yourself)



- 1-2-3 Step L to L, Rock-step R back, Replace on L
4&5 Side shuffle R-L-R (cha cha cha) to R
6-7 Rock-step L over R, Replace on R
8&1 Side shuffle L-R-L to L turning ¼ L on count 1 [9:00]
- 2-3 Step R fwd, Pivot ½ turn L onto L [3:00]
4&5 Shuffle fwd R-L-R (cha) turning ½ L [9:00]
6-7 Cross-step L behind R, Step R to R side
8&1 Cross-step L over R, Rock-step R to R side, Replace on L (Samba)
- 2-3 Cross-step R over L, Step L to L
4&5 ½ hinge turn R stepping R to R, Step L beside R, Step R to R onto diagonal
6-7 Rock-step L fwd on the diagonal, Replace on R [4:30]
8&1 Step L back behind R, Rock-step R to R side, Replace on L (ball change to R)
- 2-3 Step R back, Step L back (still on diagonal) [4:30]
4&5 R back Coaster step R-L- R (still on diagonal)
6-7 Step L fwd, Pivot ¼ turn R onto R [7:30]
8&1 Turn 1/8 R on R & side shuffle L-R-L to L (cha) [9:00]

Note: Count 1 is the beginning of the next sequence.

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32

Tag 1: After the 3rd Sequence facing 3:00 do this 16 count tag

- 1-5 Same 5 counts as beginning of dance
6-7 Cross-step L over R, Step R to R side
8&1 L Sailor step
- 2-3 Cross-step R behind L, Step L to L side
4&5 Cross shuffle R-L-R to L side
6-7 Rock-step L to L side, Replace on R
8&1 L Sailor step (Count 1 is the beginning of the next sequence)

Tag 2: After the 6th Sequence facing 6:00, do the first 8 counts of Tag 1

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