

Took Forever

COPPER KNOB
STEPSHEETS

拍数: 40 墙数: 2 级数: Beginner
编舞者: Dave Powney (UK) - April 2011
音乐: Eternity - Imelda May : (CD: Mayhem)



Intro Start On Lyrics (7 sec)

Section 1: KNEE POPS X5, KICK BALL CHANGE, MAMBO

1,2 Weight On L Bend R Knee In Towards L Straighten R (Transfer Weight On R,) Bend L Knee
In Towards R Straighten L (Transfer Weight On L,)
3 & 4 Bend R Knee In Towards L Straighten, (&) Bend L Knee In Towards R Straighten, Bend R
Knee In Towards L Straighten R
5 & 6 Kick R Fwd, (&) Step Onto Ball Of R Next To L, Step L In Place
7 & 8 Step Fwd On R, (&) Step L In Place, Step R Next To L

Section 2: WALK BACK R,L, COASTER STEP, CHARLESTON STEP

1,2 Walk Back L, Walk Back R
3 & 4 Step Back L, (&) Step R Back Next To L, Step L Fwd
5,6,7,8 Touch R Toe Fwd, Step R Foot Next To L, Touch L Toe Back, Step L Foot Fwd

Section 3: SLOW WEAWE L, STEP TURN STEP X2

1,2,3,4 Step R Across L, Step L To L, Step R Behind L, Step L To L
5 & 6 Step R Fwd, (&) 1/2 Turn L, Step R Fwd
7 & 8 Step L Fwd (&) 1/2 Turn R, Step L Fwd

Section 4: SHUFFLE x2, ROCK AND CROSS, ROCK AND TOGETHER

1 & 2 Step R Fwd, (&) Step L Next To R, Step R Fwd
3 & 4 Step L Fwd, (&) Step R Next To L, Step L Fwd
5 & 6 Rock R To R, (&) Recover On To L, Cross R Over L
7 & 8 Rock L To L, (&) Recover On To R, Step L Next To R

Section 5: TRIPLE STEP, MAMBO, MAMBO, STEP TURN STEP

1 & 2 Triple Step On The Spot R,L,R,
3 & 4 Step L Fwd, (&) Step R In Place, Step L Next To R
5 & 6 Step R Back, (&) Step L In Place, Step R Next To L
7 & 8 Step L Fwd, 1/2 Turn R, Step L Next To R

END OF DANCE
