The Right Track

拍数: 64

级数: Intermediate

编舞者: Robbie McGowan Hickie (UK) - March 2011

音乐: All the Way - Paul Bailey : (CD: Single)

32 Count intro

Alternatives:

"Sleepin' On The Foldout" by Brad Paisley (134 bpm...16 Count intro) CD "Who Needs Pictures" "Tricky Moon" by George Ducas (136 bpm...32 Count intro) CD..."Where I Stand"

4 Count Vine Right. Right Side Rock. Right Cross Shuffle.

- 1–4 Step Right to Right side. Cross Left behind Right. Step Right to Right side. Cross step Left over Right.
- Rock Right out to Right side. Recover weight on Left. 5–6
- Cross step Right over Left. Step Left to Left side. Cross step Right over Left. 7&8

Left Rumba Box with Sweep.

- Step Left to Left side. Close Right beside Left. 1–2
- 3–4 Step forward on Left. Touch Right toe beside Left.
- 5–6 Step Right to Right side. Close Left beside Right.
- 7–8 Step back on Right. Sweep Left out and around from Front to Back. (Weight on Right)

Behind. Side. Cross. Sweep. Cross. Side. Behind. Sweep.

- 1–3 Cross step Left behind Right. Step Right to Right side. Cross step Left over Right.
- 4 Sweep Right out and around from Back to Front.
- 5 7Cross step Right over Left. Step Left to Left side. Cross Right behind Left.
- 8 Sweep Left out and around from Front to Back.

Back Rock. Chasse 1/4 Turn Left. Right Toe Strut 1/2 Turn Left. Left Toe Strut 1/2 Turn Left.

- Rock back on Left. Rock forward on Right. 1–2
- 3&4 Step Left to Left side. Close Right beside Left. Make 1/4 turn Left stepping forward on Left.
- 5–6 Make 1/2 turn Left stepping back on Right toe. Drop Right heel to floor.
- Make 1/2 turn Left stepping forward on Left toe. Drop Left heel to floor. (Facing 9 o'clock) 7–8

Cross. Diagonal Step Back (Left & Right). Cross. Diagonal Step Back Right. Side Step Left. Cross Rock.

- 1–2 Cross step Right over Left. Step Left Diagonally back Left.
- 3–4 Step Right Diagonally back Right. Cross step Left over Right.
- Step Right Diagonally back Right. Step Left to Left side. (Straightening Up to 9 o'clock) 5–6
- 7–8 Cross rock Right over Left. Rock back on Left.

Chasse 1/4 Turn Right. Step. Pivot 1/4 Turn Right. Weave Right.

- 1&2 Step Right to Right side. Close Left beside Right. Make 1/4 turn Right stepping forward on Right.
- Step forward on Left. Pivot 1/4 turn Right. (Facing 3 o'clock) 3-4
- Cross step Left over Right. Step Right to Right side. Cross Left behind Right. Step Right to 5–8 Right side.

Cross Rock. Side Step Left. Drag. Back Rock. Step Forward. Scuff.

- 1–2 Cross rock Left over Right. Rock back on Right.
- 3–4 Long step Left to Left side. Drag Right beside Left. (Weight on Left)
- 5–6 Rock back on Right. Rock forward on Left.
- 7-8 Step forward on Right. Scuff Left forward and across Right.





墙数:4

Cross. 2x 1/4 Turns Left. Touch. Side Step Right. Touch. Left Diagonal Step Forward. Touch.

- 1–2 Cross step Left over Right. Make 1/4 turn Left stepping back on Right.
- 3–4 Make 1/4 turn Left stepping Left to Left side. Touch Right toe beside Left. (Facing 9 o'clock)
- 5–6 Step Right to Right side. Touch Left toe beside Right.
- 7–8 Step Left Diagonally forward Left. Touch Right toe beside Left.

Start Again