

Country Girl Shake It For Me

COPPERKNOB
BY STEPHEN B. BROWN

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Kevin Richards (USA) - April 2011
音乐: Country Girl (Shake It for Me) - Luke Bryan



R KICK BALL CROSS, R SIDE ROCK CROSS, L SIDE ROCK CROSS, R LOCK STEP

1&2 Right Kick, Step Down On Ball of Right Foot, Cross Left Over Right
3&4 Right Step Side Rock, Rock Weight Left, Cross Right Over Left
5&6 Left Step Side Rock, Rock Weight Right, Cross Left Over Right
7&8 Right Step Forward at an Angle Right, Left Slides Behind, Right Step Forward

L-R-L FORWARD SHAKE, R FORWARD ROCK RECOVER TOGETHER, L-R-L BACK SHAKE, R BACK ROCK RECOVER TOGETHER

1&2 Left Angle Step Forward and Shake Left Hip, Shake Right Hip Back, Shake Left Hip Forward
3&4 Rock Right Forward, Rock Weight Back on Left, Step Right Together
5&6 Left Angle Step Back and Shake Left Hip, Shake Right Hip Forward, Shake Left Hip Back
7&8 Rock Right Back, Rock Weight Forward on Left, Step Right Together

¼ TURN STEP L, R HITCH, R STEP, L COASTER, SKATE R-L, R STEP, 2 HEEL BOUNCES ½ TURN L

1&2 Step Left a 1/4 Turn Left, Hitch Right Knee, Step Right Back (now facing 9 o'clock)
3&4 Left Step Back, Right Step Back Together, Step Left Forward
5-6 Skate Sliding Right Forward at an Angle to the Right, Skate Sliding Left Forward at an Angle to the Left
7&8 Step Right Forward, Pivot while Bouncing Heels Twice a 1/2 Turn to the Left (now facing 3 o'clock)

RIGHT WIZARD STEP, LEFT WIZARD STEP, HIP ROLL R-L, KNEE ROLL R-L

12& Right Step Forward at an Angle to the Right, Lock Step Left Behind Right, Step Right Forward
34& Left Step Forward at an Angle to the Left, Lock Step Right Behind Left, Step Left Forward
5-6 Roll Hips to the Ride Side and Back Over to the Left Side
7-8 Roll Right Knee Out to Side, Roll Left Knee Out to Side
