

Swan

拍数: 40 墙数: 2 级数: Novice / Easy Intermediate NC2S
编舞者: Daniel Trepap (NL) - February 2011
音乐: Swan - The Bellamy Brothers & Gölä
或: Schwan - Gölä



Note: Many thanks to Larissa Ruf and her Grandma (from Switzerland) for giving me this beautiful song.

Dance starts after 18 counts on vocals.

Weaving box full turn L, Step fwd with sweep, cross, step diagonal

- 1 RF Step to right side (facing 12.00)
- 2 LF 1/8 turn left stepping back
- & RF Step back
- 3 LF 1/8 turn left stepping to left side (facing 9.00)
- 4 RF 1/8 turn left stepping forward
- & LF Step forward
- 5 RF 1/8 turn left stepping to right side (facing 6.00)
- 6 LF 1/8 turn left stepping back
- & RF Step back
- 7 LF 3/8 turn left stepping forward and sweeping RF forward (facing 12.00)
- 8 RF Cross over LF
- & LF Step diagonally left back

Step with sweep, cross, step, basic left, ¼ turn R, walk L & R, ¼ turn R, basic left

- 1 RF Step diagonally right back sweeping LF in front of RF
- 2 LF Cross over RF
- & RF Step diagonally right back
- 3 LF Step to left side
- 4 RF Rock back
- & LF Recover
- 5 RF ¼ turn right stepping forward (facing 3.00)
- 6 LF Step forward
- & RF Step forward
- 7 LF ¼ turn right stepping to left side (facing 6.00)
- 8 RF rock back
- & LF recover

¼ turn R, walk L & R, ¼ turn R, basic left, basic right, body down, up with arm move

- 1 RF ¼ turn right stepping forward (facing 9.00)
- 2 LF Step forward
- & RF Step forward
- 3 LF ¼ turn right stepping to left side (facing 12.00)
- & RF Rock back
- 4 LF Recover
- 5 RF Step to right side
- 6 LF Rock back
- & RF Recover
- 7 LF Step to left side & bend both knees (right arm goes in front of body)
- 8 Keep weight on LF & stretch both legs (start taking right arm clockwise up)

Basic right (finish arm move), basic left, 1 ½ turn right, basic left

- 1 RF Step to right side (finish arm move)
- 2 LF Rock back
- & RF Recover
- 3 LF Step to left side
- 4 RF Rock back
- & LF Recover
- 5 RF ¼ turn right stepping forward
- 6 LF ½ turn right stepping back
- & RF ½ turn right stepping forward
- 7 LF ¼ turn right stepping to left side (facing 6.00)
- 8 RF Rock back
- & LF Recover

Side step, cross rock & side 2x, cross, diagonal leg up, diagonal hitch

- 1 RF Step to right side
- 2 LF Rock forward over RF
- & RF Recover
- 3 LF Step to left side
- 4 RF Rock forward over LF
- & LF Recover
- 5 RF Step to right side
- 6 LF Cross over RF
- 7 RF lift leg up in right diagonal (facing 7.30)
- 8 RF Hitch to left diagonal (facing 4.30)

Start again and Smile.

Restart: In the 5th wall you restart after count 38.

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