

I Can't Stand The Rain

COPPER KNOB
BY STEPSHEETS

拍数: 80 墙数: 2 级数: Advanced
编舞者: Travis Taylor (AUS) - February 2011
音乐: I Can't Stand the Rain - Seal : (CD: Soul)



- 1-3 Step R to R side, Cross Rock L over R, Replace weight on R whilst sweeping L around
4&5 Step L behind R, Step R to R side, ¼ turn L stepping forward on L
6-7 ½ turn L stepping back on R, ½ turn L stepping forward on L
8&1 Step forward on R, ½ turn L take weight on L, Step forward on R
- 2 Step forward on L
&3&4 Step on R heel on R 45, Step on L heel on L 45, Step back on R, Cross/Lock L over R
&5&6 Step back on R, Touch L heel on L 45, Step back on L 45 on L, Cross/Lock R over L
&7&8 Step back on L, Touch R heel on R 45, Step back on L 45 on L, Cross L over R
Note: 5&6&7&8 must be travelling back
- &1-2 Step R to R side, Step L behind R whilst sweeping R around, Continue sweep for count 2
3&4& Step R behind L, Step L to L, Cross R over L, ¼ turn R step back on L (&)
5-7 ½ turn R Step forward on R, Rock forward on L, Replace weight on R
8&1 Step back on L, 3/8 turn R Stepping forward on R, Step forward on L (4:30)
- 2&3 Step forward on R, ¼ Turn R step L to L side, Step back on R (7:30)
4&5 Step back on L, ¼ Turn R step R to R side, Step forward on L (10:30)
6&7 Step forward on R, ¼ Turn R step L to L side, Step back on R (1:30)
&8& Step back on L, Straighten up to 3:00 stepping R to R side, Cross L over R
- 1-2 Lunge R to R side, Replace weight on L
3&4 Step R behind L, ¼ turn L step forward on L, Step forward on R (Rock)
5-6 Step back on L (Replace), ½ turn R step forward on R
&7 ¼ turn R step L to L side, Replace weight on R
8&1 Cross L over R, Step R to R side, Replace weight on L
- 2&3 Cross R over L, Step L to L side, Replace weight on R
4& Cross L over R, Step R to R side
5&6 Step L behind R, Step R to R side, Step L to L side
&7& Step R behind L, Step L to L side, Step R to R side (MUST TRAVEL BACK AT ALL TIMES FROM 2-7&)
8&1 Step L behind R, ¼ turn R step forward on R, Step forward on L
- 2 Step forward on R
3&4 Lock L behind R, Replace weight on R, Step L slightly back (Anchor Step)
5-6 ½ turn R step forward on R, ½ turn R step back on L
7-8 ¼ turn R skate on R into R diagonal, Skate on L into L diagonal (Dip your hips on Skates, Hip Walks)
- 1-2 Skate on R into R diagonal, ¼ turn L step forward on L
3&4 Full turn L Triple on R, (R:L:R)
5&6& Rock forward on L, Replace weight on R, Step back on L, ¼ turn R step forward on R
7&8& Rock forward on L, Replace weight on R, Step back on L, ¼ turn R step R to R side
- 1-2 Cross L over R, Step R to R side
3&4 Step L behind R, Step R to R side, Cross L over R

&5 Step R to R side, Replace weight on L,
6&7 Cross R over L, ¼ turn R step back on L, ¼ turn R step R to R side
8&1 Cross L over R, Step R to R side, Replace weight on L

2&3 Cross R over L, Step L to L side, Replace weight on R
4 Cross L over R
5&6& Step R to R side, Step L behind R, Step R to R side, Step L to L side ((Sailor on &6&))
7-8& Touch R toe behind L, ½ turn R unwind taking weight on R, Cross L over R

No Tags or Restarts

This dance must use a lot of styling, and a lot of soul dancing it, have fun with.

Just let the music take control over your mind, body and soul and the steps will come naturally
