

On The Floor

COPPER KNOB
BY STEPHEN

拍数: 64 墙数: 4 级数: High Intermediate
编舞者: Roy Verdonk (NL) & Wil Bos (NL) - March 2011
音乐: On the Floor (feat. Pitbull) - Jennifer Lopez



Intro: 24 counts after the first heavybeat (start the dance after the break with the iiiiihaaaa on the mainvocals)

STEP ½ PIVOT L, STEP ¼ PIVOT L, CROSS HOLD, SIDE CROSS (2X)

- 1 RF Step Forward
- 2 Make ½ turn L, step Left In Place 6
- 3 RF Step Forward
- 4 Make ¼ turn L Step Left In Place 3
- 5 RF Cross in Front Of Left Foot
- 6 Hold
- & LF Make Small Step To Left
- 7 RF Cross In Front Of LF
- & LF Make Small Step To Left
- 8 Cross In Front Of LF

ROCK SIDE L, SYNCOPATED WEAVE WITH ¼ TURN R, ROCK FORWARD R, FULL TRIPPLE TURN R

- 9 LF Rock To Left Side
- 10 Recover On To RF
- 11 LF Cross Behind RF
- & Make ¼ Turn R Step RF Forward 6
- 12 LF Step Forward
- 13 RF Rock Forward
- 14 Recover On To LF
- 15 Make a ½ Turn R Step RF Forward 12
- & Make a ½ Turn R, Step LF next to RF 6
- 16 RF Step Forward

SYNCOPATED ROCK STEPS FORWARD L/R, STEP ¾ PIVOT R, CHASSE L

- 17 LF rock Forward
- 18 Recover onto RF
- & LV Step Next To RF
- 19 RF Rock Forward
- 20 Recover onto LF
- & RF Step Next To LF
- 21 LF Step Forward
- 22 Make ¾ Turn Right, Step RF in Place 3
- 23 LF Step To Left Side
- & RF Step Next To LF
- 24 LF Step To Left Side

BEHIND SIDE CROSS, POINT L WITH CROSS MODEFIED MONTEREY TURN R, MAMBO CROSS L

- 25 RF Cross Behind LF
- & LF Step To Left
- 26 RF Cross In Front of LF
- 27 LF Point Toes To Left
- 28 LF Cross In Front Of RF
- 29 RF Point Toes To Right
- 30 Make ½ Turn R, Step RF Next To LF 9

31 LF Rock To Left Side
& Recover Onto RF
32 LF Cross In Front Of RF

SYNCOPATED ROCKSTEP TO SIDE R/L, SAILOR L WITH ¼ TURN L, HIP BUMP R

33 RF Rock To Right Side
34 Recover Onto LF
& RF Step Next To LF
35 LF Rock To Left Side
36 Recover Onto RF
37 LF Cross Behind RF
& Make ¼ Turn Left, Step RF To Right Side
38 LF Step Forward 6
39 RF Touch Forward Bumping Hip Forward
40 Step RF In Place 6

HIP BUMP L WITH ½ TURN LEFT, FULL TURN L (R,L) DORETHYSTEP R/L

41 ½ Turn Left LF Touch Forward, Bumping Hip Fwd
42 LF Step In Place 12
43 Make ½ Turn L, Step RF Back
44 Make ½ Turn L, Step LF Forward
45 RF Step In Right Diagonal 1.30
46 LF Lock Behind RF
& RF Step In Right Diagonal
47 LF Step In Left Diagonal 10.30
48 RF Lock Behind LF
& LF Step In Left Diagonal ** restart here wall 3

STEP ¾ PIVOT LEFT, STEP R SIDE WITH HOLD, BALL SIDE R WITH HOLD, SAILOR WITH HOLD

49 RF Step Forward 12
50 Make ¾ Turn L, Step LF In Place 3
51 RF Step To Right Side
52 Hold
& LF Step Next To RF
53 RF Step To Right Side
54 Hold
55 LF Cross Behind RF
& RF Step To Right Side
56 LF Touch Heel Diagonally Fwd ** restart here wall 2+5

During the restarts add an '&' count to put your weight on your LF

BALL CROSS WITH HOLD, ½ TURN WITH CROSS, MAMBO CROSS, MAMBO FORWARD

& LF Step Next To RF
57 RF Cross In Front Of LF
58 Hold
59 Make ¼ Turn R, LF Step Back
& Make ¼ Turn R, RF Step To Right Side
60 LF Cross In Front Of RF 9
61 RF Rock To Right Side
& Recover Onto LF
62 RF Cross In Front Of LF
63 LF Rock To Left Side
& Recover Onto RF
64 LF Step Forward 9

Note:

There is a restart in wall 2 and 5 after 56 counts (12 o'clock)

There is a restart in wall 3 after 48& counts (12 o'clock)

Look for more information on www.wbos.nl or www.royverdonkdancers.com
