

Good Girl

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Craig Bennett (UK) - March 2011
音乐: Good Girl - Alexis Jordan : (CD Single - 3:56)



32 count intro, start on vocals

[1-8] Right Rock, Recover, ½ Turn Shuffle, Left Rock, Recover, ½ Turn shuffle

1-2 Rock forward onto right, Recover back onto left
3&4 ½ turn right shuffle, stepping right left right
5-6 Rock forward onto left, recover back onto right
7&8 ½ turn left shuffle, stepping left, right, left (12.00)

[9-16] ¼ Turn Left, Touch, Step Touch, Step Touch, Step Touch

1-2 Step on right making a ¼ turn left, touch left toe to left side [rolling knee to left]
3-4 Step down onto left and touch right toe next to left
5-6 Step onto right, touch left toe to left side [rolling knee to left]
7-8 Step down onto left and touch right toe next to left (09.00)

[17-24] &Walk Left, Right, Left shuffle, Step Half Turn, Step Forward, step 1/2 Turn Back

&1-2 Step onto Right, walk forward left, right,
3&4 Left shuffle forward, stepping left, right, left
5-6 Step forward right, ½ turn left
7-8 Step forward onto right, make ½ turn stepping back onto left (09.00)

[25- 32] ¼ Rock Recover Behind Side Cross, Left Side Rock Recover, Behind Side Cross

1-2 ¼ turn rocking right to right side, recover onto left
3&4 Step right behind left, left to left side, cross right across left
5-6 Rock left to left, recover onto right
7&8 Step left behind right, step right to right side, cross left across right (12.00)

[33- 40] Right Side, Behind, Right Shuffle ¼ Turn, Step, ¼ right turn, Left Cross Shuffle

1-2 Step right to right, step left behind right
3&4 Step right to right side, close left beside right, make ¼ turn right stepping right forward
5-6 Step forward on the left, make a ¼ turn right
7&8 Cross left over right, step right to right side, cross left over right (06.00)

[41-48] Side Rock Right, Recover, Right Sailor ¼ Turn, Left Rock Forward, recover, Left Coaster Step

1-2 Rock right to right side, recover onto left
3&4 Cross right behind left, turn ¼ right stepping onto left, step right to right side
5-6 Rock forward onto left, recover weight onto right
7&8 Step left back, step right next to left, step forward onto left (09.00)

[49-56] Right Point, Cross, Left Point & Right Point, ½ Turn Monterey, Hold,& Cross Right Over Left

1-2 Point right to right side, cross right over left
3&4 Point left to left side, switch and point right to right side
5,6 Step right next to left making a half turn right, point left to left side
7&8 Hold, step left next to right, cross right over left (03.00)

[57-64] Jazz Box, Step, ½ Turn Pivot, ¼ Rock and Touch

1-2 Step back on left, step right to right side,
3-4 Step left forward, step forward right,

5-6 Pivot ½ turn left, rock to right side making ¼ turn left,
7-8 Recover weight to left, touch right next to left. (06.00)

Start again

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