

Let's Twist

拍数: 72 墙数: 4 级数: Intermediate
编舞者: Lesley Clark (SCO) - March 2011
音乐: Honky Tonk Twist - Scooter Lee



Intro: 40 count intro, start on vocals

HEEL, TOE, HEEL, TOE, RIGHT LOCK STEP, HOLD

1-2 Touch right heel forward, touch right toe across left foot
3-4 Touch right heel forward, touch right toe across left foot
5-6 Step forward on right, lock step left behind right
7-8 Step forward on right, HOLD

HEEL, TOE, HEEL, TOE, LEFT LOCK STEP, HOLD

1-2 Touch left heel forward, touch left toe across right foot
3-4 Touch left heel forward, touch left toe across right foot
5-6 Step forward on left, lock step right behind left
7-8 Step forward on left, HOLD

STEP, TURN, STEP, HOLD, STEP, TURN, STEP, HOLD

1-2 Step forward on right, ½ turn left
3-4 Step forward on right, HOLD + CLAP
5-6 Step forward on left, ¼ turn right
7-8 Cross step left over right, HOLD + CLAP

FULL MONTEREY

1-2 Point right to right side, bring back in place turning ½ turn right
3-4 Point left to left side, bring back in place
5-6 Point right to right side, bring back in place turning ½ turn left
7-8 Point left to left side, bring back in place

TWIST LEFT X3, HOLD, TWIST RIGHT X3, HOLD

1-2 Twist heels left, twist toes left
3-4 Twist heels left, HOLD + CLAP
5-6 Twist heels right, twist toes right
7-8 Twist heels right, HOLD + CLAP

STEP, BEHIND, ½ TURN, SCUFF, LEFT VINE

1-2 Step right to right side, step left behind right
3-4 ½ turn right stepping on right, scuff left
5-6 Step left to left side, step right behind left
7-8 Step left to left side, touch right next to left

STEP, BEHIND, ¼ TURN, SCUFF, LEFT VINE

1-2 Step right to right side, step left behind right
3-4 ¼ turn right stepping forward on right, scuff left
5-6 Step left to left side, step right behind left
7-8 Step left to left side, touch right next to left

HANDBAG STEPS X4

1-2 Step forward on right, touch left next to right
3-4 Step back on left, touch right next to left

5-6 Step back on right, touch left next to right
7-8 Step forward on left, touch right next to left

ROCKING CHAIR, STEP, TURN, STEP, ROCKING CHAIR, STEP, TURN, STEP

1&2& Rock forward on right, recover on left, rock back on right, recover on left
3&4 Step forward on right, ½ turn left, step forward on right
5&6& Rock forward on left, recover on right, rock back on left, recover on right
7&8 Step forward on left, ¼ turn right, step forward on left

ENDING:

On last wall dance up to count 72, turn a ½ turn so you are facing front to finish.

Start Again.....Happy Dancing.....

Revised on site - 6th April 2011
