

Love Overcomes

COPPERKNOB
BY PETER JONES

拍数: 32 墙数: 2 级数: Intermediate NC2S
编舞者: Peter Jones (UK) & Anna Lockwood (UK) - March 2011
音乐: Overcome - Alexandra Burke : (Album: Overcome)



Starts 16 Counts In.

S1: Step, Rock, Recover ½ R, Triple Full Turn R, Sweep, Behind, Side, Cross, Side, Recover, Cross, Side.

- 1,2&3 Step Forward Onto L, Rock Forward Onto R, Recover Weight Back Onto L, Turn ½ R Stepping Forward Onto R.
4&5 Turn Full Turn R, Stepping, L,R,L On The Spot, Sweep R To R Side.
6&7& Step R Behind L, Step L To L Side, Cross R Over L. Rock L To L Side.
8&1 Recover Weight Onto R, Cross L Over R, Step R To R Side.

S2: Rock Back, Recover, ¼ Turn R, Sailor ½ R Press, Back, Back, Rock Back, Recover, Rock Forward, Recover, ¼ Turn L.

- 2&3 Rock L Behind R, Recover Weight Onto R, Step L To L Side Making ¼ Turn R.
4&5 Sweep ½ Turn R Stepping R Next L, Step L To L Side, Press R Forward.
6&7& Step Back Onto L, Step Back Onto R, Rock Back Onto L, Recover Weight Onto R.
8&1 Rock Forward Onto L, Recover Weight Onto R, Turn ¼ L Onto L.
2nd Restart Here On Wall 5 Facing (12:00)

S3: Forward Rock, Recover, ¼ Turn R, Step Forward, Turn ¼ R, Cross, Triple Full Turn L, Recover, Behind, Side, Cross Rock.

- 2&3 Rock Forward Onto R, Recover Weight Onto L, Turn ¼ R Stepping Onto R.
4&5 Step Forward Onto L, Pivot ¼ R Onto R, Cross L Over R.
6&7& Step Back ¼ L Onto R, Turn ½ L Stepping Forward Onto L, Rock ¼ L Onto R, Recover Weight Onto L.
8&1 Step R Behind L, Step L To L Side, Cross R Over L.

S4: Recover, Side, Cross, Recover, ¼ Turn L, Step, Forward Rock, Recover ½ L, Step, Step, Pivot ½ R, Step ¼ R.

- 2&3 Recover Weight Back Onto L, Step R To R Side, Cross L Over R.
4&5 Recover Weight Back Onto R, Step ¼ Turn L Onto L, Step Forward Onto R.
6&7& Rock Forward Onto L, Recover Weight Back Onto R, Turn ½ L Onto L, Step Forward Onto R.
8&1 Step Forward Onto L, Pivot ½ Turn R Onto R, Step Forward ¼ R Onto L To Start Again.

Tag & 1st Restart After 2nd Wall Facing (12:00)

Walk R, Step, Turn ½ R, Step, Walk, R, L, Step, Turn ½ L, Step.

- 2,3&4 Step Forward Onto R, Step Forward Onto L, Pivot ½ Turn R Onto R, Step Forward Onto L.
5,6,7&8 Step Forward Onto R, Step Forward Onto L, Step Forward Onto R, Pivot ½ Turn L Onto L, Step Forward Onto R.

HAVE FUN AND DANCE WITH A SMILE ;0)

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