

# F- You

**COPPER KNOB**  
STEPSHEETS

拍数: 64      墙数: 4      级数: Phrased Intermediate  
编舞者: Ingrid Kan (TW) - April 2011  
音乐: Forget You - CeeLo Green



Intro: 16 counts

Sequence: AAB-B-AAB-B-AA- till end

## Part A-32 counts

### R Coaster, L Hitch Step, Swivel Turn Back, Forwardx2

1&2      Step right back, close left next to right, right step forward  
3-4      L hitch , step forward  
5-6      Swivel both heels turn to R 1/2(6:00), Swivels turn to left 1/2(face 12:00)  
7-8      Swivel both heels turn to R 1/2(6:00), Swivels turn to left 1/2(face12:00) weight on R

### L Coaster, R Hitch Step, Swivel Turn Back, Forwardx2

1&2      Step left back, close right next to left, left step forward  
3-4      R hitch , step forward  
5-6      Swivel both heels turn to L 1/2(6:00), Swivels turn to R 1/2(face 12:00)  
7-8      Swivel both heels turn to L 1/2(6:00), Swivels turn to R 1/2(face12:00) weight on L

### R Step Cross L, L Back Step, Side Rock Recover, Sailors R-L

1-2      Cross step R Forward over L, L step back  
3-4      Rock R out to right side. Recover weight on L  
5&6      Cross RF behind LF, Step LF to left side, Step RF to right side  
7&8      Cross LF behind RF, Step RF to right side, Step LF next to RF

### Paddle 1/4 Turn Left x2, Jazz Box

1-2      RF 1/4 turn left, knee LF  
3-4      RF 1/4 turn left, knee LF  
5-8      Cross R over L, step back on L, step R , L together

## Part B-32 counts

### Side Shuffle Step R, Rock Back, Recover, Side Shuffle Step L, Rock Back, Recover

1&2      Step R foot to R side, Step together with L, Step R foot to R side  
3-4      Rock back with L foot, Recover weight forward to R foot  
5&6      Step L foot to L side, Step together with R, Step L foot to L side  
7-8      Rock back with R foot, Recover weight forward to L foot

### Vine R 4 Counts, R Scissors, Hold, Vine L 4 Counts, L Scissors

1-4      S Step R foot to R side, Step L foot crossed behind R, Step R foot to R side, Step L foot across front of R  
5-8      Step R to R side, Step together with L, Step R across front of L, Hold  
1-4      Step L foot to L side, Step R foot crossed behind L, Step L foot to L side, Step R foot across front of L  
5-8      Step L to L side, Step together with R, Step L across front of R, Hold

### Slow 1/2 Step Turn, Slow 1/4 Step Turn With Clap (or Snaps)

1-4      RF forward, hold, 1/2 turn left on RF and step forward onto LF, hold (6.00)  
5-8      RF forward, hold, 1/4 turn left on RF and step side onto LF, hold (3.00)

On counts 2, 4, 6, 8 - Clap

Enjoy it , have fun!

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