

Sweaty Dogg

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Ria Vos (NL) - March 2011
音乐: Sweat (Snoop Dogg vs. David Guetta) (Remix) - Snoop Dogg & David Guetta :
(Single)



Intro: 16 counts

Rock Fwd, Recover, 1/2 Turn R, 1/4 Turn R, Behind, 1/4 Turn L, 1/4 Turn L Chasse

1-2 Rock Fwd on R, Recover on L
3-4 1/2 Turn Right Step Fwd on R, 1/4 Turn Right Step L to Left Side (9:00)
5-6 Step R Behind L, 1/4 Turn Left Step Fwd on L (6:00)
7&8 1/4 Turn Left Step R to Right Side, Step L Next to R, Step R To Right Side (3:00)

Rock Back, Recover, 1/4 Turn R, Step Back, Cross, 1/2 turn R, 1/4 Turn R Chasse L

1-2 Rock Back on L, Recover on R
3-4 1/4 Turn Right Step Back on L, Step Back on R (6:00)
5-6 Cross L Over R Start Turning 1/2 Turn Right, Finish 1/2 Turn Right Step Fwd on R (12:00)
7&8 1/4 Turn Right step L to Left Side, Step R Next to L, Step L to Left Side (3:00)

Rock Back, Recover, 1/4 Turn L Touch-Touch-Step, Kick, Point

1-2 Rock Back on , Recover on L
3-4 1/4 Turn Left Step R to Right Side, Touch L Next to R (12:00)
5-6 Touch L Toe Slightly to Left Side, Step L Further to Left Side Taking Weight
7-8 Kick R to Left Diagonal, Point R to Right Side

1/4 Turn R with Dip, Hitch, Step Back, Point Fwd, Step, Lock, Step-Lock-Step

1-2 1/4 Turn Right (Dip down, R stays pointed fwd weight on L), Hitch R (3:00)
3-4 Step Back on R, Point L Fwd with Bended Knee
5-6 Step Fwd on L, Lock R Behind L
7&8 Step Fwd on L, Lock R Behind L, Step Fwd on L

Pivot 1/2 Turn L, Full Turn L, Step Fwd, 1/2 Turn R, Shuffle 1/2 Turn R

1-2 Step Fwd on R, Pivot 1/2 Turn Left (9:00)
3-4 1/2 Turn Left Step Back on R, 1/2 Turn Left Step Fwd on L (Easy option: Walk Fwd R,L)
5-6 Step Fwd on R, 1/2 Turn Right Step Back on L (3:00)
7&8 Shuffle 1/2 Turn Right Stepping R,L,R (9:00)

Rock Fwd, Recover, Walk Back x2, Lock Step Back, Rock Back, Recover

1-2 Rock Fwd on L, Recover on R
3-4 Step Back on L, Step Back on R
5&6 Step Back on L, Lock R in Front of L, Step Back on L
7-8 Rock Back on R, Recover on L

Step, Heel Dig x2, & Side-Together, Bounce, Kick Fwd, Hold, Ball-Step

1 Step R Fwd to Right Diagonal
2-3 Dig L Heel Fwd to Right Diagonal Twice (Angle body left)
&4 Step L Small Step to Left Side, Step R Next to L
&5 Bounce Heels Up and Down (Option: Knee Split)
6-7 Kick R Fwd, Hold
&8 Step on Ball of R, Step Fwd on L

Rock Fwd, & Step, Step Pivot 1/2 Turn L, Kick-Ball-Step, Scuff

1-2& Rock Fwd on R, Recover on L, Step R Next to L
3-4-5 Step Fwd on L, Step Fwd on R, Pivot ½ Turn Left (weight on L)
6&7 Kick R Fwd, Step on Ball of R Next to L, Step Fwd on L
8 Scuff R Fwd

Tag: 16 Count Tag After Wall 2 (6:00)

R Rock Fwd, Out-Out, Bounce, R Back, Coaster Step, Scuff

1-2 Rock Fwd on R, Recover on L
&3&4 Step R Back and to Right Side, Step L Back and to Left Side, Bounce Heels Up/Down
5-6&7 Step Back on R, Step Back on L, Step R Next to L, Step Fwd on L
8 Scuff Fwd

R Rock Fwd, Out-Out, Bounce, R Back, Coaster Step, Scuff

8-16 Repeat counts 1-8
