

A Woman's Needs

COPPER KNOB
BY SHEETS

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Tish Cairns (SCO) - April 2011
音乐: A Woman's Needs - Elton John & Tammy Wynette : (CD: Without Walls)



Intro: 24 counts 1 tag & restart on wall 7

Alternative music: Skye Boat Song by Terry Scott CD: Switched On Scotland and Ireland – 40 Non-stop Favourites

Note: No tag or restart required with alternative music

CROSS R BEHIND L, STEP TO SIDE, DRAW, ¼ TURN RIGHT, 2 STEP FULL TURN RIGHT

1-3 Cross R behind L, Step L to side, Draw R to touch beside L (12)
4-6 Step ¼ turn right, ½ turn right stepping back on L, ½ turn right stepping forward on R (3)

PRESS, ½ TURN LEFT, ¼ TURN LEFT, SIDE, BACK ROCK

1-3 Press forward on L, Recover on R, ½ turn left stepping forward on L (9)
4-6 Turn ¼ left stepping R to side, Rock L behind R, Recover on R (6)

STEP DIAG. LEFT, RIGHT LOCK STEP, ROCK LEFT, CROSS L BEHIND R

1,2&3 Turn to left diag. and step forward on L, Step forward R, (&) Lock L behind R, Step forward on R straightening up to wall (6)
4-6 Rock to left, Recover on R, Cross L behind R (6)

TURN ¼ RIGHT, PIVOT ½ TURN RIGHT, TRIPLE FULL TURN LEFT, TOUCH R BESIDE L

1-3 Turn ¼ right and step forward on R, Step forward on L, Pivot ½ turn right (weight on R foot) (3)

Tag & restart here on wall 7

4-6& Triple full turn left stepping L,R,L, (&) Touch R beside L (3)

MODIFIED RHUMBA BOX

1-3 Step R to side, Step forward on L, Step R beside L (3)
4-6 Step L to left, Step back on R, Step L beside R (3)

¼ TURN RIGHT, SIDE, FORWARD, TOGETHER, SIDE ROCK, CROSS L BEHIND R

1-3 Turn ¼ right stepping R to side, Step forward on L, Step R beside L (6)
4-6 Rock to left, Recover, Cross L behind R (6)

WEAVE TO RIGHT, SWEEP R FROM FRONT (2 BEATS)

1-3 Weave to right stepping side, in front, side (6)
4-6 Cross L behind R, Sweep R from front to back in 2 beats (6)

(BEHIND, SIDE ROCK, RECOVER) x2

1-3 Cross R behind L, Rock to left, Recover (6)
4-6 Cross L behind R, Rock to R, Recover on L (6)

REPEAT

Tag on wall 7: ¼ TURN RIGHT, STEP LEFT, DRAG

1-3 ¼ turn right stepping to side on L, Drag R to touch beside L (2 counts) (6)