

In-Between

拍数: 48 墙数: 1 级数: Beginner
编舞者: Ms Allie (USA) - March 2011
音乐: Entre Matane et Bâton-Rouge - Isabelle Boulay



Lead in 32 counts.

Step forward LR, Shuffle, Step forward RL, Shuffle

1-2 Step left foot forward, step right foot forward
3&4 Shuffle LRL
5-6 Step right foot forward, step left foot forward
7&8 Shuffle RLR

Cross rock ¼ turn right, Shuffle, Cross rock ¼ turn right, shuffle

1-2 Cross left foot over right turning ¼ right, rock back on right
3&4 Shuffle LRL
5-6 Cross right foot over left, rock back on left, turning ¼ right
7&8 Shuffle RLR

Diagonal weave, Cross rock, Shuffle

1-4 At a diagonal, cross left foot over right, step right to side, cross left foot behind right, step right to side
5-6 Cross rock left in front of right, recover on right
7&8 Shuffle LRL

Diagonal weave, Cross rock, Shuffle

1-4 At a diagonal, cross right foot over left, step left to side, cross right foot behind left, step left to side
5-6 Cross rock right in front of left, recover on left
7&8 Shuffle RLR

Step, Pivot ½ right, Shuffle, Side rock, Shuffle

1-2 Step left foot forward, pivot ½ turn right, (weight onto right)
3&4 Shuffle LRL
5-6 Side rock right, recover left
7&8 Shuffle RLR

Cross rock, Shuffle, Cross rock. Shuffle

1-2 Cross rock left foot over right, recover on right
3&4 Shuffle LRL
5-6 Cross rock right foot over left, recover on left
7&8 Shuffle RLR

Contact: msallie@mac.com