Going Crazy Cha

拍数: 88

级数: Phrased Higher Intermediate

编舞者: Irene Tang (HK) - March 2011

音乐: Going Crazy (미쳐) - Lee Jung Hyun (이정현)

Count In: After 96 counts. Or 32 counts + a 64-count introduction (*) SEQUENCE : A32, A32, A32, A32, A32, B20, A32, A32, A32, A32, A32, C36, A32**

PART A (32 counts)

SEC A1: FWD, RECOVER, 1/2 R FWD SHUFFLE, STEP PIVOT 1/2, 1/2 R BACK SHUFFLE

- 1 2 Step R fwd, recover back on L
- 3&4 turn 1/2 R & fwd R shuffle (6:00)
- 5 6 Step L fwd, pivot 1/2 R stepping R fwd (12:00)
- 7&8 1/2 R back L shuffle (6:00)

SEC A2: BACK, RECOVER, KICK BALL POINT, CLOSE, POINT, KICK BALL POINT

- 1 2 Rock R back, recover on L
- 3&4 Kick R fwd, step R next to L, point to L
- 5 6 Close L to R, point R to R
- 7&8 Kick R fwd, step R next to L, point to L

SEC A3: JAZZ 1/4 L, BACK SHUFFLE, CLOSE, FWD, FWD SHUFFLE

- 1 2 Cross L over R, close R to L turning 1/4 L (3:00)
- 3&4 Back L shuffle
- 5 6 Close R to L, step L fwd
- 7&8 Fwd R shuffle

SEC A4: FWD, RECOVER, 1/4 SAILOR FWD, FWD, 1/2 L, SAILOR FWD

- 1 2 Rock L fwd, recover back on R sweeping L back
- 3&4 Turn 1/4 L stepping L behind, close R to L, step L fwd (12:00)
- 5 6 Step R fwd, pivot 1/2 L on R sweeping L back (6:00)
- 7&8 Step L behind R, close R to L, step L fwd

PART B (20 counts) 6:00 to 12:00

SEC B1: MONTEREY 1/2 R, POINT, DRAG

- 1 4 Point R to R, monterey 1/2 turn R on ball of L & close R to L, point L to L & slightly bend down on R, hold
- 5 8 Straightening R & drag L slowly towards R

SEC B2: ROLLING FULL TURN L & R

- 1 4 1/4 L stepping L fwd, 1/2 L stepping R back, 1/4 L close L to R, point R to R
- 5 8 1/4 R stepping R fwd, 1/2 R stepping L back, 1/4 R close R to L, point L to L

SEC B3: HIP BOUNCE

1 – 4 Hip bounce fwd 3 times, close L to R

PART C (36 counts) 6:00 to 12:00

SEC C1: STEP, PIVOT 1/2 L, FWD SHUFFLE, FWD, RECOVER, BACK, HOLD

- 1 2 Step R fwd, pivot 1/2 L stepping L fwd
- 3&4 Fwd R shuffle
- 5 8 Step L fwd, recover back on R, step L back, hold

SEC C2: SLOW MONTEREY 1/2 TURN





墙数

墙数:2

- 1 4 Point R to R, hold, monterey 1/2 turn R on ball of L, close R to L
- 5 8 Point L to L, hold, close L to R, hold

SEC C3: SLOW MONTEREY 1/2 TURN

- 1 4 Point R to R, hold, monterey 1/2 turn R on ball of L, close R to L
- 5 8 Point L to L, hold, close L to R, hold

SEC C4: 2 X CLOSE HIP TWIST, KICK OUT OUT, HIP SWAY

- 1 2 Close hip twist R & L
- 3&4 Kick R fwd, step R out to R, step L out to L
- 5 8 Hip sway in figure 8 R & L

SEC C5: SLOW DRAG

1 – 4 Drag L slowly towards R over 3 counts, close L to R

ENDING (A**): Start at 12:00, change Section 4 as follows with 1-count big finish

SEC 4: FWD, RECOVER, 1/4 SAILOR FWD, FWD, RECOVER, BEHIND CLOSE CROSS, POINT

- 1 2 Rock L fwd, recover back on R sweeping L back (3:00)
- 3&4 Turn 1/4 L stepping L behind, close R to L, step L fwd (12:00)
- 5 6 Step R fwd, recover on L sweeping R back (6:00)
- 7&8 1 Step R behind L, close L to R, cross R over L, point L to L & pose

* INTRODUCTION (Optional: 64 counts) (Do the following 4 sections twice & feel the change in music) SEC 1: SIDE, RECOVER, BEHIND CLOSE CROSS, SIDE, RECOVER, BEHIND CLOSE CROSS

- 1 4 Side rock R to R side, hold, recover on L, hold
- 5 8 Cross R behind L, close L to R, cross R over L, hold

SEC 2: SIDE, RECOVER, BEHIND CLOSE CROSS, SIDE, RECOVER, BEHIND CLOSE CROSS

- 1 4 Side rock L to L side, hold, recover on R, hold
- 5 8 Cross L behind R, close R to L, cross L over R, hold

SEC 3: STEP, PIVOT 1/2 L, STEP LOCK STEP

- 1 4 Step R fwd, hold, pivot 1/2 L stepping L fwd, hold
- 5 8 Step R fwd, lock L behind R, step R fwd, hold

SEC 4: STEP, PIVOT 1/2 R, STEP LOCK STEP

- 1 4 Step L fwd, hold, pivot 1/2 R stepping R fwd, hold
- 5 8 Step L fwd, lock R behind L, step L fwd, hold

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