

# Shala-lala, Shana-iaia

**COPPER KNOB**  
STEPSHEETS

拍数: 40      墙数: 2      级数: Beginner  
编舞者: Totoy Pinoy (USA) - March 2011  
音乐: Crush (Dance Mix) - Jennifer Paige



Alternate music: Man! I Feel Like A Woman! by Shania Twain

Start dance on main vocals

## TOE FANS, TRAVELING SWIVELS

1-4            Heels together, fan R toes out, in, out, in  
5-8            Moving to right, swivel out heels, toes, heels, toes  
9-12          Heels together, fan L toes out, in, out, in  
13-16        Moving to left, swivel out toes, heels, toes, heels

## BACK-BACK-BACK-HOOK, STEP-LOCK-STEP-SCUFF 1/2 LEFT

1-2            Step R back, step L back  
3-4            Step R back, hook L over R shin  
5-6            Step L forward, lock R behind L  
7-8            Step L forward, scuff R forward & turn 1/2 left

## BACK-BACK-BACK-TOUCH, ANGLED STEP-LOCK-STEP-TOUCH

1-2            Step R back, step L back  
3-4            Step R back, touch L together  
5-6            Step L forward to left diagonal, lock R behind L  
7-8            Step L forward to left diagonal, touch R together

## ANGLED STEP-LOCK-STEP-TOUCH, ANGLED STEP-LOCK-STEP-CLOSE

1-2            Step R forward to right diagonal, lock L behind R  
3-4            Step R forward to right diagonal, touch L together  
5-6            Step L forward to left diagonal, lock R behind L  
7-8            Step L forward to left diagonal, step R heel together

REPEAT

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