Move It All Around

拍数: 64

级数: Intermediate

编舞者: Inge Vestergård (DK) - March 2011

音乐: Stamp On the Ground - ItaloBrothers

64 counts intro, start after 28 sec. Stomp, Touch, Stomp, Hook, ¼ turn right with a jump, ¼ turn right with a jump and hitch 1-4 Stomp R forward, touch L behind R, Stomp L back, hook R in front of L 5-6 Step R forward, 1/4 turn right with a small jump on R (3.00) 7-8 Turn $\frac{1}{4}$ right stepping back on L, make a small jump on L hitching R (6.00) Side rock, Back rock, Step, Full turn right, 1/4 turn right 1-4 Rock R to side, recover L, Rock back on R, recover on L 5-8 Step forward on R, ¹/₂ turn right stepping back on L, ¹/₂ turn right stepping forward on R, ¹/₄ turn right stepping L to side (9.00) Extended wine, Step forward, Hitch with a lift Cross R behind L, step L to side, Cross R in front of L, Step L to side, Cross R behind L, Step 1-4 L to side 7-8 Step forward on R, Hitch L (lift up on R fod) Coaster step, Hold, Forward rock, ¼ turn left, Right beside L, Hold 1-4 Step L back, Step R beside L, step L forward, Hold 5-8 Rock forward on R, ¼ turn left recover on L, Step R next to L (weigth on R), Hold (6.00) Step Forward, Tap, Step back, Sweep, Sailor 1/2 turn, Step forward, Hold 1-4 Step forward on L, Tap R behind L, Step back on R, Sweep L to side 5-8 1/2 turn left stepping L behind R, Step R to right side, Step forward on L, Hold (12.00) Wine right, Step forward, Forward rock, 1/4 turn, Hold 1-4 Step R to side, Cross L behind R, Step R to side, Step forward on L 5-8 Rock forward on R, Recover on L, Turn ¼ right stepping R to side, Hold (3.00) Cross, Side, Behind, Heel Jack, Cross rock 1-3 Cross L in front of R, Step R to side, Cross L behind R 4-6 Step diagonally back on R, Dig L heel diagonally left, Step L beside R 7-8 Cross R in front of L, Recover on L (angling body to left diagonally) Diagonal coaster step, Hold, ¼ turn x 2, Forward step, Hold Step R diagonally back, step L beside R, Step forward on R, Hold 1-4 5-8 Turn ¼ right stepping back on L, turn ¼ right stepping R to side, Step forward on L, Hold (9.00)Contact: inge.vestergaard@mail.dk





墙数:4