

Move It All Around

COPPER KNOB
BY STEPHEN

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Inge Vestergård (DK) - March 2011
音乐: Stamp On the Ground - ItaloBrothers



64 counts intro, start after 28 sec.

Stomp, Touch, Stomp, Hook, ¼ turn right with a jump, ¼ turn right with a jump and hitch

1-4 Stomp R forward, touch L behind R, Stomp L back, hook R in front of L
5-6 Step R forward, ¼ turn right with a small jump on R (3.00)
7-8 Turn ¼ right stepping back on L, make a small jump on L hitching R (6.00)

Side rock, Back rock, Step, Full turn right, ¼ turn right

1-4 Rock R to side, recover L, Rock back on R, recover on L
5-8 Step forward on R, ½ turn right stepping back on L, ½ turn right stepping forward on R, ¼ turn right stepping L to side (9.00)

Extended wine, Step forward, Hitch with a lift

1-4 Cross R behind L, step L to side, Cross R in front of L, Step L to side, Cross R behind L, Step L to side
7-8 Step forward on R, Hitch L (lift up on R fod)

Coaster step, Hold, Forward rock, ¼ turn left, Right beside L, Hold

1-4 Step L back, Step R beside L, step L forward, Hold
5-8 Rock forward on R, ¼ turn left recover on L, Step R next to L (weight on R), Hold (6.00)

Step Forward, Tap, Step back, Sweep, Sailor ½ turn, Step forward, Hold

1-4 Step forward on L, Tap R behind L, Step back on R, Sweep L to side
5-8 ½ turn left stepping L behind R, Step R to right side, Step forward on L, Hold (12.00)

Wine right, Step forward, Forward rock, ¼ turn, Hold

1-4 Step R to side, Cross L behind R, Step R to side, Step forward on L
5-8 Rock forward on R, Recover on L, Turn ¼ right stepping R to side, Hold (3.00)

Cross, Side, Behind, Heel Jack, Cross rock

1-3 Cross L in front of R, Step R to side, Cross L behind R
4-6 Step diagonally back on R, Dig L heel diagonally left, Step L beside R
7-8 Cross R in front of L, Recover on L (angling body to left diagonally)

Diagonal coaster step, Hold, ¼ turn x 2, Forward step, Hold

1-4 Step R diagonally back, step L beside R, Step forward on R, Hold
5-8 Turn ¼ right stepping back on L, turn ¼ right stepping R to side, Step forward on L, Hold (9.00)

Contact: inge.vestergaard@mail.dk