Next 5 Beers



编舞者: Sara King (UK) - March 2011

音乐: In My Next 5 Beers - Trailer Choir: (Album: Tailgate)



Side. Behind & Cross. Side. Back rock.

1 – 2	Step Right to Right side. Cross Left behind Right

&3 – 4 Step Right to Right side. Cross Left over Right. Step Right to Right side

5 – 6 Rock back Left behind Right. Recover onto Right

Side. Behind & Cross. Side. Back rock.

1 – 2	Step Left to Left side. Cross Right behind Left
-------	---

&3 – 4 Step Left to Left side. Cross Right over Left. Step Left to Left side

5 – 6 Rock back Right behind Left. Recover onto Left

Right and Left Dorothy steps. Cross. Point. Cross. Point

1 – 2&	Step Right diagonally forward Right (Long step). Lock Left behind Right. Step Right beside Left
3 – 4&	Step Left diagonally forward Left (Long step). Lock Right behind Left. Step Left beside Right
5 – 6	Cross Right over Left. Point Left to Left side
7 – 8	Cross Left over Right. Point Right to Right side

Backwards Cross. Point. Cross. Point. Right and Left sailor steps (travelling slightly back)

1 – 2	Cross Right behind Left. Point Left to Left side
3 – 4	Cross Left behind Right. Point Right to Right side
5&6	Cross Right behind Left. Step Left to Left side. Step Right to Right side
7&8	Cross Left behind Right. Step Right to right side. Step Left to Left side

Jazz box with 1/4 Turn to Right.

1-2 Cross-step Right foot over Left. step back on Left foot

3-4 Turn ¼ Right stepping forward onto Right foot .Step Left foot beside Right

Start Again