

# Ja Ja Mbo

拍数: 64      墙数: 4      级数: Improver  
编舞者: Kenny Teh (MY) - March 2011  
音乐: Unspeakable Joy (说不出的快活) - Feng Fei Fei (鳳飛飛)



Sequence of dance: 64, tag, 32, tag, 64, tag, 32, tag, 64, tag, 32, tag, Ending

Start the dance on vocals:

## Section A

1, 2, 3&4      Rock L fwd, Recover R, ¼ L turn left chasse LRL (9.00)  
5, 6, 7&8      Rock R fwd, recover L, ½ R turn shuffle fwd LRL (3.00)

## Section B

1, 2, 3&4      Step L fwd, pivot ½ R turn step on R, ½ R turn shuffle back LRL (3.00)  
5, 6, 7&8      Rock R back, Recover L, ¼ R turn Right chasse RLR (12.00)

## Section C

1, 2, 3, 4      Cross L over R, step R to R, cross L over R, step R to R  
5, 6, 7&8      Cross L over R, touch R twice turning ¼ L turn, flick R back (9.00)

## Section D

1, 2, 3&4      Cross R over L, touch L to L, cross L over R, touch R to R  
5, 6, 7&8      Rock R fwd, Recover L, ¼ R turn Right chasse RLR (12.00)

## Section E

1, 2, 3&4      ¼ R turn Rock L fwd, recover R, ½ L turn shuffle fwd LRL (9.00)  
5, 6, 7&8      Rock R fwd, recover L, shuffle back RLR

## Section F

1, 2, 3&4      Rock L back, recover R, ½ R turn shuffle back LRL (3.00)  
5, 6, 7&8      Rock R back, recover L, ¼ L turn chasse RLR (12.00)

## Section G

1, 2, 3, 4      Cross L over R, swing both arms out and over the head  
5, 6, 7, 8      Cross R over L, swing both arms out and over the head

## Section H

1, 2, 3&4      Rock L fwd, recover, back shuffle LRL  
5, 6, 7&8      Rock R back, recover L, shuffle fwd RLR

## Tag:

1, 2, 3, 4      Cross L over R, (stretch out both arms sideways) hold for 3 counts  
5, 6, 7, 8      Cross R over L facing L diagonal, (Punch R hand up in the air) hold for 3 counts

1, 2, 3, 4      ¼ R turn step back L, (place R hand at right side, bend at elbow) hold for 3 counts  
5, 6, 7, 8      ¼ R turn step R to R, (stretch R hand up to R diagonal) hold for 3 counts

1,2,3,4,5      ½ L turn step R, shimmy for 4 counts

Ending: Complete Section A, At Section B dance until count 5 and hold, wait until the singer says " ja ja ambo "

Then ¼ L turn sit on R facing L diagonal and shimmy.....

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