

Electric

COPPER KNOB
BY STEPHENETS

拍数: 80 墙数: 4 级数: Phrased Intermediate
编舞者: Tajali Hall (CAN) - February 2011
音乐: Electric - Shawn Desman



16 count intro. Sequence: A, A, B, C, A, B, C, C, B, B, B, C, C

Part A (32 Counts)

STEP FORWARD, SYNCOPATED JAZZ BOX, CROSS, SIDE TRIPLE, STEP SWEEP, STEP BEHIND

- 1-2& Step right forward, cross left over right, step right back
3-4 Step left to left side, cross right over left
5&6 Step left to left side, step right next to left, step left to left side
7-8 Step right next to left while sweeping left out to left side, step left behind right

STEP SIDE, ¼ TURN, SYNCOPATED FORWARD ROCK/RECOVER, ½ TURN TRIPLE, ¼ TURN BALL CROSS, STEP SIDE

- 1-2 Step right to right side, ¼ turn right stepping forward on left (3:00)
3&4 Rock forward on right, recover weight to left, step back on right
5&6 ½ turn left tripling forward left, right, left (9:00)
&7-8 ¼ turn left stepping right to right side (6:00), cross left over right, step right to right side

STEP SIDE, SYNCOPATED CROSS ROCK/RECOVER (x2), SYNCOPATED JAZZ BOX

- 1-2&3 Step left to left side, rock right across left, recover weight to left, step right to right side
4&5 Rock left across right, recover weight to right, step left to left side
6-7 Cross right over left, step back on left
&8 Step right next to left, step forward on left angling to right diagonal (7:30)

SAILOR STEP (x2), ½ TURN WALKAROUND

- 1&2 (Still facing 7:30) Cross right behind left, step left to left side, step right to right side making ¼ turn left to left diagonal (4:30)
3&4 (Still facing 4:30) Cross left behind right, step right to right side, step left to left side straightening back to 6:00
5-6-7-8 Walk around in wide ½ turn to right walking right, left, right, left (12:00)

Part B (32 Counts)

OUT, OUT, KNEE POP (x2), ¼ TURN STEP FORWARD, SYNCOPATED ROCK/RECOVER, LARGE STEP & DRAG

- 1-2 Step out right, step out left (feet should be shoulder-width apart with weight evenly on both feet)
&3 Pop left knee in (left heel should turn outwards), recover (bring left heel back to center)
&4 Pop right knee in (right heel should turn outwards), recover (bring right heel back to center), ending with weight on right foot
5-6& ¼ turn right stepping forward on left (3:00), rock forward on right, recover to left
7-8 Large step back on right dragging left heel, step back on left

¼ TURN ROCK, RECOVER, BEHIND, ¼ TURN, ¼ TURN, SYNCOPATED WEAVE, BALL STEP, CROSS

- 1-2 ¼ turn right rocking right to right side (6:00), recover weight to left
3&4 Step right behind left, ¼ turn left stepping forward on left (3:00), ¼ turn left stepping right to right side (12:00)
5&6 Step left behind right, step right to right side, cross left over right
&7-8 Step right to right side angling towards left diagonal, step left next to right, cross right over left

Styling: You can do a single ½ turn on "4" instead of the two ¼ turns in order to make it look sharper.
On counts "&7-8", push your hips back in order to accentuate the ball step.

¼ TURN LEFT, ¼ TURN LEFT, BEHIND, SIDE, CROSS, ¼ TURN SCISSOR STEP, KICK BALL STEP

- 1-2 ¼ turn left stepping forward on left (9:00), ¼ turn left stepping right to right side (6:00)
3&4 Step left behind right, step right to right side, cross left over right
5&6 ¼ turn left stepping back on right (3:00), slide left back next to right, step forward on right
7&8 Small kick forward with left, step left next to right, step forward on right

STEP FORWARD LEFT, ¼ TURN LEFT, BEHIND, SIDE, CROSS, ¼ TURN SCISSOR STEP, KICK BALL TOUCH

- 1-2 Step forward on left, ¼ turn left stepping right to right side (12:00)
3&4 Step left behind right, step right to right side, cross left over right
5&6 ¼ turn left stepping back on right (9:00), slide left back next to right, step forward on right
7&8 Small kick forward with left, step left next to right, touch right next to left

Part C (16 Counts)

MODIFIED "ELECTRIC SLIDE": GRAPEVINE RIGHT, TOUCH, GRAPEVINE LEFT, TOUCH

- 1-2-3-4 Step right to right side, step left behind right, step right to right side, touch left next to right
5-6-7-8 Step left to left side, step right behind left, step left to left side, touch right next to left

Note: Feel free to jazz up the basic grapevines with claps, rolling vines, etc. Do whatever you want, just make it fun!

MODIFIED "ELECTRIC SLIDE" CONTINUED: WALK BACK x3, TOUCH, WALK FORWARD x3, ¼ TURN TOUCH

- 1-2-3-4 Walk back right, walk back left, walk back right, touch left next to right
5-6-7-8 Walk forward left, walk forward right, walk forward left, ¼ turn left touching right next to left (6:00)

Note: The last time you do part C do a ¾ turn left at the end instead of ¼ turn left so that you finish facing the front wall.

Contact: soaringwithoutwings@hotmail.com
