

Spring Rain

拍数: 32 墙数: 4 级数: Beginner
编舞者: Jo Thompson Szymanski (USA) & Michele Burton (USA) - 2011
音乐: Latter Rain - Scooter Lee : (CD: Big Bang Boogie)



To purchase the CD (available now) go to: www.scooterlee.com
Can be used as a floor split with the intermediate dance Latter Rain
Intro: 16 counts.

[1-8] WALK FORWARD R, L, R, KICK OR POINT, WALK BACK L, R, L, TOUCH

- 1 – 2 Step R forward, Step L forward
- 3 – 4 Step R forward, Kick L forward (Point L forward for balance)
- 5 – 6 Step L back, Step R back
- 7 – 8 Step L back, Touch R beside L

Styling: When moving forward, arms dig down by thighs (hands open, bending the knees slightly on the first steps), gradually raise straightened arms as you go forward. Lower arms as you walk back.

[9-16] JUMP UP CLAP, JUMP BACK CLAP, 4 HIP BUMPS

- &1-2 Step R forward, Step L forward (feet apart), Clap up (leaning back slightly)
- &3-4 Step R back, Step L back (feet apart), Clap down (leaning forward slightly)
- 5 – 8 Bump hips R, L, R, L

Low impact option for counts 1 - 4

- 1 – 4 Step R forward, Step L forward, Step R back, Step L back (feet stay apart)

[17-24] TRIPLE RIGHT, ROCK STEP, TRIPLE LEFT, ROCK STEP

- 1 & 2 Step R to right, Step L beside R, Step R to right
- 3 – 4 Rock back L, Replace weight forward to R
- 5 & 6 Step L to Left, Step R beside L, Step L to left
- 7 – 8 Rock back R, Replace weight forward to L

Low impact option for this set of 8: Vine right, touch, Vine left, touch

[25-32] POINT STEP, POINT STEP, JAZZ BOX 1/4 TURN

- 1 – 2 Point R to right (optional styling: Point R index finger to R), Step R forward
- 3 – 4 Point L to left (optional styling: Point L index finger to L), Step L forward
- 5 – 8 Cross R over L, Step L back, Turn 1/4 right stepping R to right, Step L slightly forward

Easy option for 1 wall dance: Stay in place on the point steps and do the Jazz box with no turn.

Start again from the beginning.

The meaning of Latter Rain - "Latter rain" in the Bible literally refers to spring rains. The Old Testament speaks of those who would dance in prayer for spring rains. "Latter Rain" today would mean the "Ultimate Lord's Blessing" being poured out on you.