

# Hey Ahab

COPPER KNOB  
STEPPERS

拍数: 32      墙数: 4      级数: Easy Beginner  
编舞者: Denise Brault (USA) - March 2011  
音乐: Hey Ahab - Elton John & Leon Russell : (Album: The Union, 5:39)



Country Alt: Pants by Walker Hayes, 3:32

Begin on vocals at 0:40. For Ultra Beginner 1 wall - Omit 1/4 turn.

## [1 – 8] WALK WALK WALK, TOUCH, WALK WALK WALK, TOUCH

1 – 4            Walk R, L, R, touch left toe out to side  
5 – 8            Walk forward L, R, L, touch right toe out to right side

## [9 – 16] STEP BEHIND, TOUCH, STEP BEHIND, TOUCH, STEP BEHIND, TOUCH, STEP BEHIND, TOUCH

1 – 4            Step right behind left, touch left toe to left, step left behind right, touch right toe to right  
5 – 8            repeat above (this 8 count sequence travels backward)

## [17 – 24] VINE RIGHT, TOUCH, SHOULDER SHRUGS

1 – 4            Step right to right, left behind right, right to right, touch left toe next to right  
& 5            Shrug shoulders up turning upper body toward 10:30, push shoulders down punching right fist down in front of body, left fist in back  
& 6            Shrug shoulders up turning upper body toward 2:30, push shoulders down punching left fist down in front of body, right fist in back  
& 7            Shrug shoulders up turning upper body toward 10:30, push shoulders down punching right fist down in front of body, left fist in back  
& 8            Shrug shoulders up turning upper body toward 2:30, push shoulders down punching left fist down in front of body, right fist in back

## [25 – 32] VINE LEFT ¼ TURN, TOUCH, SHOULDER SHRUGS

1 – 4            Step left to left, right behind left, left 1/4 forward, touch right toe next to right  
& 5            Shrug shoulders up turning upper body toward 7:30, push shoulders down punching right fist down in front of body, left fist in back  
& 6            Shrug shoulders up turning upper body toward 10:30, push shoulders down punching left fist down in front of body, right fist in back  
& 7            Shrug shoulders up turning upper body toward 7:30, push shoulders down punching right fist down in front of body, left fist in back  
& 8            Shrug shoulders up turning upper body toward 10:30, push shoulders down punching left fist down in front of body, right fist in back

Smile and start again!

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