California King



编舞者: Debbie McLaughlin (UK) - February 2011 音乐: California King Bed - Rihanna: (CD: Loud)



Count In: After 16 counts on lyrics 'Chest to chest...'

SEQUENCE: ABA Tag1 ABAAA Tag2 AAA

Part A - (32 counts)

Lunge, Spin, Side, Behind Turn Side, Rock & Walk, Walk

1-3 Lunge L to L side (slightly bending L knee), Take weight back onto R and make a full

clockwise spin over R shoulder, Step L to L side

* This spin can be replaced with a small hitch of the L knee

4& Cross R behind L, Make ¼ turn left stepping L forward (9 o'clock)

Rock R out to R, Recover weight onto L, Step R beside L

7-8 Walk forward L, R towards R diagonal (11 o'clock)

Step, Turn, Spiral, Step Lock Step, Rock & Side, Back Rock

1-3 Step forward on L, Pivot ½ turn R taking weight forward onto R, Step forward on L and spiral

a full turn over R shoulder keeping weight on L

(you will still be on the diagonal and end facing 5 o'clock)

4&5 Step R forward, Lock L behind R, Step R forward (5 o'clock)

Rock forward on L, Recover back onto R, squaring up to side wall take large step to L side (3)

o'clock)

8& Rock back on R, Recover weight back onto L

Side, Behind, Shuffle 1/4 Turn, Step Turn Step, Turn, Turn

1-2 Step R to R side, Cross L behind R

3&4 Step R to R side, Step L beside R, Make ½ turn right stepping forward on R (6 o'clock)

5&6 Step L forward, Pivot ½ turn R taking weight forward onto R, Step L forward

7-8 Make ½ turn L stepping back on R, Make ½ turn L stepping forward on L (12 o'clock)

Sweep, Cross Side Behind, Behind Turn Step, Turn, Cross Turn Turn Cross

1,2&3 Make ¼ turn L whilst sweeping R foot around, Cross R over L, Step L to L side, cross R

behind L whilst sweeping L around (9 o'clock)

4&5,6 Cross L behind R, make ¼ turn R stepping forward on R, Step L forward, Pivot ¼ turn R

taking weight onto R

7& Cross L over R, make ¼ turn L stepping back on R,

8& Make ¼ turn L stepping L to L side, Cross R over L (end facing 9 o'clock)

Part B - (16 counts)

Side, Back Rock, Side, Back Rock, Turn, Step Turn Side

Step L to L side, Rock back on R, Recover weight forward on L
 Step R to R side, Rock back on L, Recover weight forward on R

5-6 Make ¼ turn L stepping forward on L, Step forward on R
7-8 Pivot ¾ turn L taking weight onto L, Step R to R side

Behind & Cross & Behind & Step Turn Side, Behind Side Cross

1&2&	Cross L behind R, Step R to R side, Cross L over R, Step R to R side
3&4	Cross L behind R, Make ¼ R stepping R forward, Step L forward

5-6 Pivot ¾ turn R taking weight onto R, Step L to L side 7&8 Cross R behind L, Step L to L side, Cross R over L

TAG 1: Danced facing 6 o'clock Side, Behind, Side, Cross

1-4 Step L to L side, Cross R behind L, Step L to L side, Cross R over L

TAG 2: Danced facing 6 o'clock (ends facing 12 o'clock) Side, Back Rock, Side, Back Rock, Turn, Step Turn Cross

1-2& Step L to L side, Rock back on R, Recover weight forward on L
3-4& Step R to R side, Rock back on L, Recover weight forward on R

5-6 Make ¼ turn L stepping forward on L, Step forward on R

7-8 Pivot ¼ turn L taking weight onto L, Cross R over L

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