

# 1 Minute Please

COPPER KNOB  
STEPPERS

拍数: 88      墙数: 1      级数: Phrased Intermediate  
编舞者: Juliet Lam (USA) - March 2011  
音乐: Wait Patiently (慢慢等) - Anna Tong (董美燕)



Intro: 16 counts. Sequence: (A, A-1, Tag, A-2, Tag, B) Repeat the same pattern one more time.

## Part A: (72 Count)

### Sec 1: Pulp Vision Right Hand, Pulp Vision Left Hand

1-4            Move right hand from left to right in front of eyes to right  
5-8            Move left hand from right to left in front of eyes to left

### Sec 2: Cross, Hold, Cross, Hold, Shuffle Forward, Touch, ½ Turn Right, Flick

1-4            Cross right over left, hold, cross left over right, hold  
5&6            Step right forward, step left next to right, step right forward  
7-8            Touch left forward, ½ turn right, flick left (6:00)

### Sec 3: Cross, Hold, Cross, Hold, Shuffle Forward, Touch, ½ Turn Left, Flick

1-4            Cross left over right, hold, cross right over left, hold  
5&6            Step left forward, step right next to left, step left forward  
7-8            Touch right forward, ½ turn left, flick right (12:00)

### Sec 4: Chasse Right, Rock Back, Recover, Chasse Left, Rock Back, Recover

1&2            Step right to right, step left next to right, step right to right  
3-4            Rock back on left, recover on right  
5&6            Step left to left, step right next to left, step left to left  
7-8            Rock back on right, recover on left

### Sec 5: Touch, Clap Hands With Holds

1              Touch right toe forward diagonally  
2&3            Clap hands twice, hold  
4&5            Clap hands twice, hold  
6&7            Clap hands twice, hold  
8              Clap hands

### Sec 6: Cross, Point, Cross, Point, Out Out, Clap, In In, Clap

1-2            Cross right over left, point left toe to left side  
3-4            Cross left over right, point right toe to right side  
&5-6            Jump out forward right, jump out forward left, clap hands  
&7-8            Jump back right, jump back left, clap hands

### Sec 7: Rolling Vine Right, Point, Clap, Rolling Vine Left, Point, Clap

1-2            ¼ turn right step right forward, ½ right step left back  
3-4            ¼ turn right step right to right side, Point left to left, clap hands  
5-6            ¼ turn left step left forward, ½ turn left step back on right  
7-8            ¼ turn left step left to left side, point right to right, clap hands

### Sec 8: Side, Touch, Side, Touch, Swing, Clap

1-2            Step right to right, touch left next to right  
3-4            Step left to left, touch right next to left  
5              Step right to right side, swing right hand to right side, palm facing forward  
6              Swing left hand to left and clap right hand together (weight on left)  
7-8            Repeat 5, 6

**Sec 9: Right Toe Strut, Left Toe Strut, Jazz Box**

- 1-2 Step right toe forward, step down on right
- 3-4 Step left toe forward, step down on left
- 5-8 Cross right over left, step left back, step right to right, step left next to right

**Part A-1 (32 count): Repeat Section 6 To Section 9 Of Part A**

**TAG: 4 count**

- 1-4 Twist right, left, right, center (weight on left)

**Part A-2 (64 count): Repeat Section 2 To Section 9 Of Part A**

**TAG: 4 count**

- 1-4 Twist right, left, right, center (weight on left)

**Part B: (16 Count)**

**Sec 1: Shuffle Forward, Step, Pivot ½ Turn Right, Stomp, Hold, Stomp, Hold**

- 1&2 Step right forward, step left next to right, step right forward
- 3-4 Step left forward, pivot ½ turn right (6:00)
- 5-6 Stomp left foot, hold
- 7-8 Stomp right foot, hold (weight on right)

**Sec 2: Shuffle Forward, Step, Pivot ½ Turn Left, Stomp, Hold, Stomp, Hold**

- 1&2 Step left forward, step right next to left, step left forward
- 3-4 Step right forward, pivot ½ turn left (12:00)
- 5-6 Stomp right foot, hold
- 7-8 Stomp left foot, hold

**Enjoy & Repeat**

For a special edited version of this song, please contact Juliet: [hsiaoll168@gmail.com](mailto:hsiaoll168@gmail.com)

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