

Africa

拍数: 64 墙数: 4 级数: Improver
编舞者: Gordon Elliott (AUS) - January 2011
音乐: Africa (feat. Nana Hedin) - E-Type : (CD: Africa , EP)



Introduction: 64 Beats (After Instrumental)

Forward, Touch, Forward, Touch, Across, Back, 1/2 Turn Shuffle

1,2 Step R Forward, Touch L Toe To The Side,
3,4 Step L Forward, Touch R Toe To The Side,
5,6 Step R Across In Front Of Lef,T Step L Back,
7&8 Turn 180° Right Shuffle Forward Step: R-L-R.

Pivot Turn, Shuffle Forward, 1/2 Back, 1/2 Forward, Side, Rock

1,2 Pivot : Step L Forward, Turn 180° Right Take Weight Onto R,
3&4 Shuffle Forward Step: L-R-L,
5,6 Turn 180° Left Step R Back, Turn 180° Left Step L Forward,
7,8 Step R To The Side, Side Rock Onto L.

Vaudeville, Vaudeville, Forward, Rock, 1/2 Forward, 1/2 Back

1& Step R Across In Front Of Left, Step L To The Side,
2& Touch R Heel Forward, Step R Back,
3& Step L Across In Front Of Right, Step R To The Side,
4& Touch L Heel Forward, Step L Back,
5,6 Step R Forward, Rock Back Onto L,
7,8 Turn 180° Right Step R Forward, Turn 180° Right Step L Back.

Back, Rock, Kick Ball Step, Kick Ball Step, Forward, Forward

1,2 Step R Back, Rock Forward Onto L,
3&4 Kick R Forward, Step R Together, Step L Forward,
5&6 Kick R Forward, Step R Together, Step L Forward,
7,8 Step R Forward, Step L Forward.

RESTART: On Wall 3 Dance To Beat 32 (#) Then Restart Facing Back.

Touch, Hold & Touch, Hold & Heel & Heel & Pivot Turn

1,2& Touch R Toe To The Side, Hold, Step R Together,
3,4& Touch L Toe To The Side, Hold, Step L Together,
5& Touch R Heel Forward, Step R Together,
6& Touch L Heel Forward, Step L Together,
7,8 Pivot: Step R Forward, Turn 180° Left Take Weight Onto L.

Forward, Lock, Shuffle Forward, Forward, Lock, Shuffle Forward

1,2 Step R Forward At 45° Right, Lock L Behind Right,
3&4 Shuffle Forward At 45° Right Step: R-L-R,
5,6 Step L Forward At 45° Left, Lock R Behind Left,
7&8 Shuffle Forward At 45° Left Step: L-R-L.

RESTART: On Wall 6 Dance To Beat 48 (##) Then Restart Facing Back.

Across, Rock, Side Shuffle, Across, Side, Behind-Side-Forward

1,2 Step R Across In Front Of Left, Rock Onto L,
3&4 Side Shuffle To The Right Step : R-L-R,
5,6 Step L Across In Front Of Right, Step R To The Side,

7&8 Step L Behind Right, Step R To The Side, Step L Forward.

Pivot Turn, Paddle Turn, Jazz Box Step

1,2 Pivot: Step R Forward, Turn 180° Left Take Weight Onto L,
3,4 Paddle: Step R Forward, Turn 90° Left Take Weight Onto L.
5,6 Jazz Box: Step R Across In Front Of Left, Step L Back,
7,8 Step R To The Side, Step L Forward.

Repeat The Dance In New Direction

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