My Other Half



拍数: 64 墙数: 2 级数: Improver

编舞者: Sadiah Heggernes (NOR/UK) - March 2011

音乐: I Do - Colbie Caillat : (Single)



START ON VOCALS (after about 10 sec. or 24 counts)

One easy Bridge during Wall 1

Sect. 1: Jazz Box	Cross 1/4 Turn	Sten Back	Side	Hin Rumns
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1-2	Cross right over left. Step back on left
3-4	Step right to right side. Cross left over right

5-6 Make ¼ turn left stepping back on right. Step left to left side 9.00

7-8 Step right to right side bumping hips right-left.

Sect. 2: Cross, Hold & Cross Hold, Touch, Cross, Side, Cross

1-2	Cross right over left. Hold

&3-4 Small step left to left side. Cross right over left. Hold

Touch left to left side. Cross left over rightStep right to right side. Cross left over right.

Sect. 3: Step Back, Heel Touch with Clap x 2, Step, Lock Step, ¼ Pivot

1-2	Step back on right. Touch left heelslightly forward & Clap
3-4	Step back on left. Touch right heel slightly forward & Clap

5-6 Step forward on right. Lock left behind right7-8 Step forward on right. Pivot ¼ turn left 6.00

Sect. 4: Step, Tap x 2 Toe Strut Forward, Toe Strut 1/4 Turn

1-2 Step forward on right. Tap left beside right. Click Fingers3-4 Step back on left. Tap right beside left. Click Fingers

Styling: Click fingers while dancing steps 1-4

5-6 Touch right toes forward. Step down on right heel

7-8 Make ¼ turn left. Touch left toes forward. Step down on left heel 3.00

Sect. 5: Diagonal Lock Steps, Step 1/2 Pivot

Step right diagonally forward right. Lock left behind right. Step right diagonally forward right
Step left diagonally forward left. Lock right behind left. Step left diagonally forward left 3.00

7-8 Step forward on right. Make ½ pivot left 9.00

Sect. 6: Monterey 1/4 Turn Right, Monterey 1/2 Turn Right

1-2 Point right to right side. Make ¼ turn right on ball of left stepping right beside left. 12.00

3-4 Point left to left side. Step left beside right

5-6 Point right to right side. Make ½ turn right on ball of left stepping right beside left 6.00

7-8 Point left to left side. Step left beside right

Bridge: here during 1st Wall (you will be facing 6.00)

1-2 Step right to right side. Close left beside right

Continue dance from Section 7

Sect. 7: Kick, Kick, & Step, Touch, Hold

1-2 Low Kick forward twice on right

&3-4 Step right beside left. Touch left to left side. Touch left beside right

5-6 Low Kick forward twice on left

&7-8 Step left beside right. Touch right beside left. Hold

Sect. 8 Rumba Box, Hold

Step right to right side. Close left beside right. Step back on right. Hold
Step left to left side. Close right beside left. Step forward on left. Hold

Ending: Dance up to Section 7 (you will be facing front wall) – blow a kiss to the one you love!

Choreographer's Note: The beat fades out a bit towards the end. Just continue dancing & the beat will kick in again!

To my one & only Frank for our Ruby Wedding this year x (2011)

Revised on site: 15th March 2011