

A Little Bit Lonely

COPPERKNOB
STEPPERS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Jan Wyllie (AUS) - March 2011
音乐: I'm a Little Bit Lonely - Lisa McHugh



Written by request for Marianne from The Netherlands.
16 count intro.

Side Touch, Back Touch, Vine Right Touch

1,2,3,4 Step R to right, Touch L beside R, Step back on L, Touch R beside L
5,6,7,8 Step R to right, Step L behind R, Step R to right, Touch L beside R

Side Touch, Back Touch, Side Behind, 1/4 Turn Hold

9,10,11,12 Step L to left, Touch R beside L/clap, Step back on R, Touch L beside R/clap
13,14,15,16 Step L to left, Step R behind L, Making 1/4 left step fwd on L, Hold

Charleston, 1/4 Coaster

17,18,19,20 Sweep R around to touch in front, Sweep R back, Step back on R, Hold
21,22,23,24 Making 1/4 left step back on L, Step R beside L, Step fwd on L, Hold

Charleston, Coaster Cross

25,26,27,28 Sweep R around to touch in front, Sweep R back, Step back on R, Hold
29,30,31,32 Step back on L, Step R beside L Step L across R, Hold

Toe Strut To Side, Toe Strut Behind, Side Rock/Replace, Step Behind, Hold

33,34,35,36 Step R toe to right, Drop R heel to floor, Step L toe behind R, Drop L heel to floor
37,38,39,40 Rock/step R to right, Rock/replace wit sideways onto L, Step R behind L, Hold

Toe Strut To Side, Toe Strut Across, 1/4 Rock/Replace, 1/4 Turn Touch

41,42,43,44 Step L toe to left, Drop L heel to floor, Step R toe across L, Drop R heel to floor
45,46 Making 1/4 left rock/step fwd on L, Rock/replace wt back on R
47,48 Making 1/4 left step L to left side, Hold

Cross/Rock Replace, Side, Cross/Rock Replace, 1/4 Fwd

49,50,51,52 Cross/rock R over L, Rock back on L, Step R to right, Hold
53,54,55,56 Cross/rock L over R, Rock back on R, Making 1/4 left step fwd on L, Hold

Step Pivot 1/4, Stomp/Lift, Clap, Stomp/Lift, Clap, Touch Beside

57,58 Step fwd on R, Pivot 1/4 left transferring wt to L
59,60,61,62 Stomp R beside L and lift L, Clap, Stomp L beside R and lift R, Clap
63,64 Touch R beside L, Hold

* There is a restart on wall 6 after count 32
You will be facing the front at the time of the restart

This is a bright little song that Marianne sent me and
I hope you enjoy the dance. It's not hard, but it IS tricky so I'll try
to get a video done asap so that you can see how the dance goes....

We all get a little bit lonely sometimes. I know I can feel like that even in the middle of a big crowd of people -
who knows why that happens.

I guess it is just part of being a human being.

Music and dance is the cure all though. It fixes everything because you can lose yourself in it!
It's better than any treatments or medicines... and definitely better than chemotherapy! (-:

See you on the floor sometime.... Jan

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