Don't You Remember?



编舞者: Dee Musk (UK) - February 2011

音乐: Don't You Remember - Adele: (Album: 21 - 4:03)



16 Count Intro - Start on the word 'When'. Approx 18 secs.

STEP FULL TURN L, LUNGE RECOVER, BACK R, BACK L WITH R DRAG, STEP BACK, ¼ TURN L, CROSS ROCK, ¼ TURN R, ½ TURN R, ¼ TURN R STEPPING SIDE.

1,2& Step forward on L, travelling forward make a ½ turn L stepping back on R, make a ½ turn L

stepping forward on L.

3,4 Lunge forward on R, recover weight to L.

&5 Step back on R, step back on L dragging R to beside L (keep weight on L).

6& Step back on R, make a ¼ turn L stepping L to L side.

7& Cross rock R over L, recover weight to L.

8& Make a ¼ turn R stepping forward on R, make a ½ turn R stepping back on L.

1 Make a ¼ turn R stepping R to R side. (9 o'clock).

TOGETHER CROSS, ¼ TURN R STEPPING BACK L, BACK R, L COASTER, STEP R, STEP REVERSE ½ TURN R, ROCK BACK RECOVER ½ TURN L, ½ TURN L, ¼ TURN L STEPPING R TO R SIDE WITH DRAG.

2& Step L beside R, cross step R over L.

3& Making a ¼ turn R step back L, step back R.

4& Step back on L, step R beside L.

*Restart from here during walls 2 and 5 - begin again facing 6 o'clock wall.

5 Step forward on L.

6& Step forward on R, make a ½ reverse turn R stepping back on L.

7& Rock back on R, recover weight to L.

8& Make a ½ turn L stepping back on R, make a ½ turn L stepping forward on L.

1 Make a ¼ turn L stepping R to R side dragging L to beside R (weight on R). (3 o'clock).

BEHIND ¼ TURN R, PRISSY WALK L, PRISSY WALK R, ROCK RECOVER BACK ¼TURN R, CROSS SIDE BEHIND ¼ TURN R.

2& Cross step L behind R, make a ¼ turn R stepping forward on R.

** Restart from here during wall 7 - begin again facing 6 o'clock wall.

3,4 Step L slightly over R, step R slightly over L.

5&6& Rock forward on L, recover weight to R, step back on L, make a ¼ turn R stepping R to R

side.

7&8& Weaving R, cross step L over R, step R to R side, cross step L behind R, make a 1/4 turn R

stepping forward on R. (12 o'clock)

STEP ½ TURN R, & ROCK RECOVER, STEP BACK ½ REVERSE TURN L, STEP ½ TURN L STEP, FULL TURN R.

1,2 Step forward on L, make a ½ turn R (weight forward on R).
&3,4 Step L beside R, rock forward on R, recover weight to L.
&5 Step back on R, make a reverse ½ turn L stepping forward on L.

6&7 Step forward on R, make a ½ turn L, step forward on R.

Travelling forward make a ½ turn R stepping back on L, make a ½ turn R stepping forward on

R. (6 o'clock).

^{*} Restarts 1 and 2 during walls 2 and 5 – Dance up to and including count 4& of Section 2, then begin again facing 6 o'clock wall.

** Restart 3 during wall 7 - Dance up to and including count 2& of Section 3, then begin again facing 6 o'clock wall.

Ending – Facing the 12'oclock wall - dance counts 1-5 finishing on the drag of Section 1 – as the music slows.

Relax and lose yourself in this Amazing Track.

Contact: 07814 295470 - deemusk@btinternet.com