

Stuck Like Glue

拍数: 64 墙数: 4 级数: Improver
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音乐: Stuck Like Glue - Sugarland : (Single)



48 Count Intro,

Sec 1- TOE STRUTS FORWARD, MONTEREY ¼ TURN RIGHT.

1-4 Touch right toe forward, Drop right heel, Touch left toe forward, Drop left heel.
5-8 Point right toe right, Make ¼ turn right on left stepping right next to left, Point left toe left, Step left next to right.

Sec 2- CROSS HEEL JACKS RIGHT & LEFT.

1-4 Cross right over left, Step left to left side, Dig right heel diag forward right, Step right next to left.
5-8 Cross left over right, Step right to right side, Dig left heel diag forward left, Step left next to right.

Sec 3- CROSS ROCK SIDE, HOLD, CROSS ROCK ¼ TURN, HOLD.

1-4 Cross rock right over left, Recover onto left, Step right to right side, Hold.
5-8 Cross rock left over right, Recover onto right, Make ¼ turn left stepping left forward, Hold.

Sec 4- STEP ½ PIVOT, STEP FWD, TOGETHER, ROCKING CHAIR.

1-4 Step right forward, Pivot ½ turn left, Step right forward, Step left next to right.
5-8 Rock forward on right, Recover onto left, Rock back on right, Recover onto left.

Sec 5- SIDE ROCK CROSS, HOLD, ½ TURN CROSS, HOLD.

1-4 Rock right to right side, Recover onto left, Cross right over left, Hold.
5-8 Make ¼ turn right stepping back on left, Make ¼ turn right stepping right to right side, Cross left over right, Hold.

Sec 6- SIDE ROCK CROSS, HOLD, ½ TURN CROSS, HOLD.

1-4 Rock right to right side, Recover onto left, Cross right over left, Hold.
5-8 Make ¼ turn right stepping back on left, Make ¼ turn right stepping right to right side, Cross left over right, Hold.

Sec 7- SCISSOR STEP RIGHT, HOLD, SCISSOR STEP LEFT, HOLD.

1-4 Large step right to right side, Step left next to right, Cross right over left, Hold.
5-8 Large step left to left side, Step right next to left, Cross left over right, Hold.

Sec 8- VINE RIGHT WITH ¼ TURN, HOLD, STEP PIVOT ½ TURN STEP, HOLD

1-4 Step right to right side, Step left behind right, Make ¼ turn right stepping right forward, Hold.
5-8 Step left forward, Pivot ½ turn right, Step left forward, Hold.

Latest revision - 2nd March 2011.