

拍数: 64      墙数: 4      级数: Intermediate  
 编舞者: Shaz Walton (UK) - February 2011  
 音乐: S&M - Rihanna



### 64 count intro – start on lyrics

#### Toe. Heel. Cross. Toe. Heel. Toe. Heel. Step.

- 1-2      Touch right toe next to left with right knee in. Touch right heel next to left with right toes to right
- 3-4      Cross right over left. Touch left toe next to right with left knee in.
- 5-6      Touch left heel next to right with left toes out to left. Touch left toe next to right with left knee in.
- 7-8      Touch left heel next to right with left toes out to left. Step left beside right. (Use your hips during this whole section!)

#### Rock. Recover. ¼. Point. ¼. ½. Shuffle ½.

- 1-2      Rock forward on right. Recover on left.
- 3-4      Make ¼ right stepping right to right side. Touch left to left side.
- 5-6      Make ¼ left stepping left forward. Make ½ left stepping back right.
- 7&8      Shuffle 1/2 turn left, stepping L-R-L

#### Rock forward. Recover. Rock. Side. Recover. Rock back. Recover. ½. ¼.

- 1-2      Rock forward right. Recover on left.
- 3-4      Rock right to right side. Recover on left.
- 5-6      Rock right back. Recover on left.
- 7-8      Make ½ left stepping back right. Make ¼ left stepping left beside right.

#### Toe. Drop/slide/ toe. Drop/slide. Back. Back. Forward. Kick.

- 1-2      Dig right toes beside left . drop right heel as you lift left heel and slide left foot back.
- 3-4      Drop left heel as you raise heel of right and slide right foot back.
- 5-6      Step back right. Step back left.
- 7-8      Step forward right. Kick left foot forward. \*\*\* restart point\*\*\* - see below

#### Drop kick. Step. Scuff. Step. Step. ¼. Cross. Side.

- 1-2      Step left down as you kick right forward. Step right forward.
- 3-4      Scuff & hitch left. Step left forward.
- 5-6      Step right forward. Make ¼ left.
- 7-8      Cross right over left. step left to left side.

#### Knee twist. Cross hitch. Side. Drag. Behind. ¼. Rock. Recover.

- 1-2      Twist right knee in to meet left. Twist right knee to right side. (Weight on right)
- 3-4      Hitch left knee across right. Make a big step to left with left as you drag right heel to left.
- 5-6      Step right behind left. Make ¼ left stepping left forward.
- 7-8      Rock forward right. Recover left.

#### Walk Around ¾ Turn right.

- 1-2      Make ¼ right stepping right forward. Hold.
- 3-4      Step forward left. Hold.
- 5-6      Make ¼ right stepping right forward. Hold.
- 7-8      Make ¼ right stepping left to left side. Hold (feel the beat....do what the music tells you to do )

#### Back rock. Recover. Side bump. sit. Back rock. Recover. Side bump. sit.

- 1-2 Rock back on right. Recover on left.  
3&4 Touch right to right as you bump right hip to side. Bump left. Sit over right hip.  
5-6 Rock back on left. recover on right.  
7&8 Touch left to left as you bump left hip to side. Bump right. Sit over left hip

**Restarts- wall 3 & 6 after 32 counts - Restart the dance again facing the front both times.**

**Dance the following:**

**Toe. Drop/slide/ toe. Drop/slide. Back. Back. Forward. Kick. ¼ Step.**

- 1-2 Dig right toes beside left . drop right heel as you lift left heel and slide left foot back.  
3-4 Drop left heel as you raise heel of right and slide right foot back.  
5-6 Step back right. Step back left.  
7-8& step forward right. Kick left forward; make ¼ left stepping left down. Restart the dance from the front.

**BIG FINISH facing the front!!**

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