

Shake The Bom Bom

拍数: 64 墙数: 4 级数: Improver
编舞者: Ria Vos (NL) - February 2011
音乐: My Dream (Radio Edit) - Eddy Wata : (CD: My Dream)



Intro: 48 counts

Side, Point Fwd, Side, Point Back, Side, Together, Chasse ¼ Turn R

1-2 Step R to Right Side, Point L Fwd to Right Diagonal
3-4 Step L to Left Side, Point R Back to Left Diagonal
5-6 Step R to Right Side, Step L Next to R
7&8 Step R to Right Side, Step L Next to R, ¼ Turn Right Step Fwd on R (3:00)

¼ Turn R, Point Back, Side, Point Fwd, Side Rock, Cross Shuffle

1-2 ¼ Turn Right Step L to Left Side, Point R Back to Left Diagonal (6:00)
3-4 Step R to Right Side, Point L Fwd to Right Diagonal
5-6 Rock L to Left Side, Recover on R
7&8 Cross L Over R, Step R to Right Side, Cross L Over R

Side, Together, Shuffle Fwd, Side, Together, Shuffle Back

1-2 Step R to Right Side, Step L Next to R
3&4 Step Fwd on R, Step L Next to R, Step Fwd on R
5-6 Step L to Left Side, Step R Next to L
7&8 Step Back on L, Step R Next to L, Step Back on L

¼ Turn R, Touch, Elvis Knees, ¼ Turn L Step, Scuff, Step Pivot ½ Turn L

1-2 ¼ Turn Right Step R to Right Side, Touch L Next to R (9:00)
3-4 Turn R Knee in Across L, Turn L Knee in Across R
5-6 ¼ Turn Left Step Fwd on L, Scuff R Next to L (6:00)
7-8 Step Fwd on R, Pivot ½ Turn Left (12:00)***Ending

Cross Back, Side Rock, Rolling Vine R, Touch

1-2 Cross R Over L, Step Back on L
3-4 Rock R to Right Side, Recover on L (option: Kick L to Left Side on count 3)
5-6 ¼ Turn Right Step Fwd on R, ½ Turn Right Step Back on L (9:00)
7-8 ¼ Turn Right Step R to Right Side, Touch L Next to R (12:00)

Side, Kick, Side, Touch, Rolling Vine L, Scuff

1-2 Step L to Left Side, Kick R to Left Diagonal
3-4 Step R to right Side, Touch L Next to R
5-6 ¼ Turn Left Step Fwd on L, ½ Turn Left Step Back on R (3:00)
6-7 ¼ Turn Left Step L to Left Side, Scuff R Next to L (12:00)

Cross, Touch, Back, Side, Cross, Together, Swivel

1-2 Cross R Over L, Touch L Behind R Heel
3-4 Step Back on L, Step R to Right Side
5-6 Cross L Over R, Step R Next to L
7-8 Swivel Both Heels to Right Side, Swivel Both Toes to Right Side

Cross Rock, Chasse, Cross, ¼ Turn R, Rock Back

1-2 Rock L Over R, Recover on R
3&4 Step L to Left Side, step R Next to L, Step L to Left Side

5-6 Cross R Over L, $\frac{1}{4}$ Turn Right Step Back on L (3:00)
7-8 Rock Back On R, Recover on L

Ending: After count 32, turn $\frac{1}{2}$ Left and step back on R to end facing front.
