Legzz & Co.

拍数: 64

级数: Intermediate

编舞者: Pam Hills (CYP) - February 2011

音乐: Legs (Edited Version) - ZZ Top : (CD: Eliminator)

Country music alternative: Small Town Girl by Kellie Pickler, CD: Small Town Girl (129bpm)

Intro: 48 counts from heavy beat (start on the word "legs") for ZZ Top music or 32 counts – start on vocals for Small Town Girl by Kellie Pickler

Section 1: Side Rock, Cross Shuffle, 3/4 Turn, Forward Rock

- 1-2 Rock right to right side, recover on left
- 3&4 Cross right over left, step left to left side, cross right over left
- 5-6 Turn ¼ right stepping back on left, turn ½ right stepping right forward
- 7-8 Rock left forward, recover on right [9.0]

Section 2: Step Back, ¼ Turn, Chasse, Cross Step Back, ¼ Turn x 2, Cross Rock

- 1-2 Step back left, step back right turning ¼ left
- 3&4 Step left to left side, step right to left, step left to left side [6.0]
- 5-6 Cross right over left, step back on left turning ¼ right [9.0]
- 7-8 Step right to right side turning ¼ right, cross rock left over right [12.0]

Restart here on wall 5. (Only with Legs by ZZ Top)

Section 3; Back Rock, Sway, Sway, Behind, Side Cross Side, Behind, Step Forward 1/4 Turn

- 1-2 Rock back right, sway left on left
- 3-4 Sway right on right, step left behind right
- &5-6 Step right to right side, cross left over right, step right to right side
- 7-8 Step left behind right, step right forward making ¼ turn right. [3.0]
- Section 4: Point, Hitch, Chasse, Back Rock, Pivot 1/2 Turn
- 1-2 Point left to left, hitch left knee across right chasse left.
- 3&4 Step left to left side, step right to left, step left to left side
- 5-6 Rock back right, recover left
- 7-8 Step right forward, pivot ½ turn left [9 o'clock]

Section 5: Skate, Skate, Forward Shuffle, Jazz Box 1/4 Turn

- 1-2 Skate right, skate left
- 3&4 Step right forward, step left to right, step right forward
- 5-6 Cross left over right, step back on right
- 7-8 Step left to left side turning ¼ left, touch right beside left. [6.0]

Section 6: Stomp, Kick, Sailor Step, Stomp, Kick, Sailor Step

- 1&2 Stomp right and kick right forward
- 3-4 Cross right behind left, step left to left side, step right in place
- 5&6 Stomp left and kick left forward
- 7&8 Cross left behind right, step right to right side, step left in place

Section 7: Chasse, Back Rock, Kick Ball Cross

- 1&2 Step right to right side, step left to right, step right to right side
- 3-4 Rock back on left, recover on right
- 5&6 Kick left forward, step left beside right, cross right over left
- 7&8 Kick left forward, step left beside right, cross right over left





墙数: 2

Section 8: Chasse, Back Rock, Kick Ball Cross

- 1&2 Step left to left side, step right to left, step left to left side
- 3-4 Rock back on right, recover on left
- 5&6 Kick right forward, step right beside left, cross left over right
- 7&8 Kick right forward, step right beside left, cross left over right

Start Again

One restart after count 16 (Section 2) on wall 5 with Legs by ZZ Top

A 12 count tag is needed if danced to "Small Town Girl" by Kellie Pickler - at the end of wall 5:

Add the following steps: Side touch x 2, Chasse Rock Back x 2

- 1-2 Step right to right side, touch left beside right
- 3-4 Step left to left side, touch right beside left
- 5&6 Step right to right side, close left beside right, step right to right side
- 7-8 Rock back on left, recover weight on right
- 9&10 Step left to left side, close right beside left, step left to left side
- 11-12 Rock back on right, recover weight on left

Revised on site - 20th April 2011