

Born This Way

COPPER KNOB
BY STEPHEN HETS

拍数: 32 墙数: 4 级数: High Improver
编舞者: Michael Diven (USA) - February 2011
音乐: Born This Way - Lady Gaga



Start on lyrics.

Kick-Ball-Point, ¼ Turn Twist, Left Sailor Step, Touch, ¾ Unwind

1&2 Kick right foot forward, step right foot next to left, touch left toe out to left side
3&4 Twist ¼ turn left, twist ¼ turn right, twist ¼ left (weight on right foot) (9:00)
5&6 Step left foot next to right foot, step right foot next to left, step forward on left foot
7-8 Touch right toe behind left foot, pivot ¾ turn right (weight ends up on right foot) (6:00)

Rock & Cross, Rock & Cross, Touch, Pivot, Touch, Pivot

1&2 Rock left foot to left side, recover weight back to right foot, cross step left over right
3&4 Rock right foot to right side, recover weight back to left foot, cross step right over left
5-6 Touch left toe to left side, pivot ¼ turn right changing your weight to left foot (9:00)
7-8 Touch right toe back, pivot ½ turn right (3:00)

Stomp Out, Out, Out, Bend Knee, In, Out, In w/ ¼ Turn, Kick-Ball-Touch Back, ½ Turn Pivot

1&2 Pivot ¼ turn right, stomp left, right, left (6:00)
3&4 Bend right knee in, out, in while pivoting ¼ left (weight on left foot) (3:00)
Option: While bending your right knee, bring your right arm up, down then back up, only bending at the elbow.
5&6 Kick right foot forward, step right foot next to left foot, touch left toe back
7-8 Pivot ½ turn left, switching weight back to left foot (9:00)

Wizard Right, Wizard Left, ¾ Walk Around

1-2& Step right foot forward, step left foot behind right foot, step forward right
3-4& Step left foot forward, step right foot behind left, step forward on left
5-6 Step right foot to right side, pivot ¼ turn left, stepping left foot to left side (6:00)
7-8 Pivot ¼ turn left, stepping right foot to right side (3:00), pivot ¼ turn left stepping left foot to left side (12:00)

Cross, Step, Vaudeville Step, ¼ Turn, Coaster Step

1-2 Cross step right over left, step left foot to left side
3&4& Cross step right foot behind left foot, step left foot to left side, extend right heel forward, step right foot next to left foot
5-6 Cross step left over right foot, pivot ¼ turn left, stepping back on right foot (9:00)
7&8 Step left foot next to right foot, step right foot next to left, step forward on left foot

Repeat

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