

# Man Of My Word

**COPPER** KNOB  
BY STEPHEN MITCHELL

拍数: 34      墙数: 4      级数: Intermediate  
编舞者: Jennifer Hughes (AUS) & Darren Mitchell (AUS) - September 2010  
音乐: Man of My Word - Collin Raye : (Album: Extremes)



Intro: 18 counts

## SIDE, BEHIND- ¼ TURN- ¼ TURN, SIDE ROCK-HINGE TURN, ACROSS, BACK-SIDE-ACROSS-SIDE-BEHIND-SIDE

1                    Step L to the side dragging R towards left, weight on left  
2&3                Step R behind left, turn 90 degrees left step L forward, turn 90 degrees left step R to the side,  
4&5                Side rock onto left, turn 180 degrees right step R to the side, step L across in front of right,  
6&                 Rock back onto right, step L to the side,  
7&8&              Step R across in front of left, step L to the side, step R behind left, step L to the side.

## ACROSS, BACK- ¼ TURN, ½ TURN, ½ TURN, ½ TURN – ½ TURN, FORWARD-TOGETHER, PIVOT TURN, TOGETHER

1,2                Step R across in front of left, rock back onto left,  
&                 Turn 90 degrees right step R forward,  
3,4                Turn 180 degrees right step L back, turn 180 degrees right step R forward,  
&5,6              Turn 180 degrees right step L back, turn 180 degrees right step R forward, step L forward,  
&                 Step R together,  
7,8,&             Pivot: step L forward, turn 180 degrees right take weight onto right, (\*\*) step L together.

## ¼ TURN, SIDE ROCK-ACROSS-SIDE-ROCK, ACROSS-SIDE-ROCK, ACROSS, SLOW UNWIND

1,2                Turn 90 degrees left step R to the side, side rock onto left,  
&3,4              Step R across in front of left, step L to the side, side rock onto right,  
&5,6              Step L across in front of right, step R to the side, side rock onto left,  
7,8                Step R across in front of left, unwind 180 degrees left take weight onto right.

## COASTER STEP-TOGETHER, SWEEP, SWEEP, QUICK PIVOT TURN, ½ TURN- ¼ TURN- ACROSS, ¼ TURN- ¼ TURN, TOUCH

1&2                Coaster: step L back, step R together, step L forward,  
&                 Step R together,  
3,4                Sweep L forward, sweep R forward,  
5&6              Quick pivot: step L forward, turn 180 degrees right take weight onto right, step L forward,  
7&                Turn 180 degrees left step R back, turn 90 degrees left step L to the side,  
8                 Step R across in front of left,  
  
1&2                Turn 90 degrees right step L back, turn 90 degrees right step R to the side, touch L together.

[34] REPEAT

Restart: on wall 4, dance to count 16 (\*\*) then restart dance again facing the back wall.

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