

Cash Cow

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Susanne Oates (UK) - February 2011
音乐: Moo la Moo - Steve Azar : (CD: Slide On Over Here)



Intro: 32 counts.

[1-8] Syncopated Jazz, Cross, Hold, Jazz Jumps, Step Shimmy, Drag, Ball

1-2 Cross right over left, step left back
&34 Step right toe to side, cross left over right, hold
&5&6 Step right back, step left to side, step right forward, step left slightly to left side
7&8 Step right long step to right side, shimmying shoulders, continue to shimmy while dragging
 left toward right, step on ball of left

[9-16] Syncopated Weave, Hold, Step, Touch, Hitch, Touch, Drag, Ball, Cross

1&2& Cross right over left, step left to side, cross right behind left, step left to side
3-4 Cross right over left, hold
&5&6 Step left to side, touch right to side, hitch right knee across left, touch right to side
7&8 Drag right toward left, step ball of right beside left, cross left over right

[17-24] Heel, Ball, Cross(Twice), Heel Grind Turn ½ Right, Coaster

1&2 Touch right heel diagonally forward, step ball of right slightly back, cross left over right
3&4 Repeat steps 17&18
5-6 Touch right heel diagonally forward, taking weight on heel, turn ½ right and step left back
 (6:00)
7&8 Step right back, step left together, step right forward

[25-32] Hip Walks, Kick, Ball, Touch, Cross, Unwind ½ Left Turn

1&2 Step left forward, bumping hips left, right, left
3&4 Step right forward, bumping hips right, left, right
5&6 Kick left forward, step ball of left beside right, touch right to side
7-8 Cross right over left, unwind ½ left turn, taking weight on right (12:00)

[33-40] Coaster, Shuffle, Full Turn, Shuffle

1&2 Step left back, step right together, step left forward
3&4 Chassé forward right, left, right
5-6 Turn ½ right turn, stepping left back, turn ½ right turn, stepping right forward
7-8 Chassé forward right, left, right

[41-48] Forward Rock, Full Turn Back, Double Lock Back, Back, Together

1-2 Rock right forward, recover to left
3-4 Turn ½ right turn, stepping right forward, turn ½ right turn, stepping left back
5&6& Step right back, lock left across right, step right back, lock left across right
7-8 Step right back, step left together (12:00)

[49-56] Right Rock, Switch To Left Rock, Dorothy Steps

1-2 Rock right forward, recover to left
&34 Step right together, rock left forward, recover to right
&56 Step left together, step right diagonally forward, lock left behind right
&78 Step right together, step left diagonally forward, lock right behind left

[57-64] Step, Touch, Back, Heel, Hold, Ball, Rock, Triple ¾ Left Turn

&12 Step left together, step right forward, touch left behind right

&34 Step left back, touch right heel forward, hold
&56 Step right toe beside left, rock left forward, recover to right
7&8 Turn $\frac{3}{4}$ left, stepping left, right, left (3:00)

Repeat

TAG: At the END of wall 3, facing 9:00

Syncopated Jazz, Hold, Touch Turn $\frac{1}{4}$ Left X4

12 Cross right over left, step left back

&34 Step right toe to side, cross left over right, hold

5&6& Touch right to side, using right toe to push, turn $\frac{1}{4}$ left, recovering weight to left, repeat

7&8& Repeat steps 5&6&

Start dance from beginning still at 9:00
