

# Whenever You're Lonely

COPPERKNOB  
BY SHEILA PALMER

拍数: 48                      墙数: 2                      级数: Intermediate / Advanced  
编舞者: Andrew Palmer (UK) & Sheila Palmer (UK) - February 2011  
音乐: Run to Me - Raul Malo : (CD: You're Only Lonely)



**(8 Count Intro – Approx 11 Seconds. Start on Vocals)**

**SIDE. ROCK-RECOVER. SIDE. ROCK-RECOVER. 1/4 TURN. STEP-LOCK-1/4 TURN. ROCK-RECOVER**

1-2&                      Step side Right, rock Left behind Right, recover  
3-4&                      Step side Left, rock Right behind Left, recover  
5                          1/4 turn Left (9:00) step back on Right  
6&7                      Step back on Left, lock Right across Left, 1/4 Left (6:00) step fwd Left  
8&                          Rock fwd Right, recover

**STEP. SWEEP. STEP. SWEEP. ROCK-RECOVER-1/4 TURN. ROCK-RECOVER-1/4 TURN. SAILOR-HALF-FWD**

1&2&                      Step back Right, sweep Left, step back Left, sweep Right  
3&4                          Rock back Right, recover, 1/4 turn Left (3:00) step side Right  
5&6                          Rock back left, recover, 1/4 turn Right (6:00) step back Left  
7&8&                      Sailor-step 1/2 turn Right, step fwd Left

**STEP. PIVOT 1/4 TURN. CROSS-ROCK-1/4 TURN. STEP-PIVOT-1/2 TURN-STEP. 1/4 TURN. 1/2 TURN. STEP**

1-2                          Step fwd Right, pivot 1/4 turn Left (9:00)  
3&4                          Cross-rock Right over Left, recover, 1/4 turn Right (12:00) step fwd Right  
5&6                          Step fwd left, pivot 1/2 turn Right, (6:00), step fwd left  
7&8                          1/4 turn Left (3:00) step back Right, 1/2 turn Left (9:00) step fwd left, step fwd Right

**PRESS. KICK. LOCK-STEP BACK. SWAY. SWAY. ROCK BEHIND-RECOVER-SIDE**

1-2                          Press fwd on Left, recover-kick  
3&4                          Lock-step back (L-R-L)  
5-6                          Sway Right, sway Left  
7&8                          Rock Right behind Left, recover, step side Right

**WEAVE RIGHT. ROCK BEHIND-RECOVER-SIDE. HOLD. BALL-CROSS. ROCK-RECOVER-1/4 TURN. STEP**

1&2&                      Step Left behind Right, step side Right, step Left over Right, step side Right  
3&4                          Rock Left behind Right, recover, step side Left  
5&6                          Hold, step ball of left beside Right, cross Right over left  
7&8                          Rock left to side, 1/4 turn Right (12:00) recover, step fwd Left

**\*\*\* Restart here during wall 4. You will be facing the back wall.**

**PRESS. RECOVER. BACK. 1/2 TURN. STEP. ROCK. RECOVER. ROCK SIDE-RECOVER-CROSS**

1-2                          Press fwd Right, recover-kick  
3&4                          Step back Right, 1/2 turn Left (6:00) step fwd Left, step fwd Right  
5-6                          Rock fwd Left, recover  
7&8                          Rock side left, recover, cross left over Right

**NB: On wall 4 dance 40 counts (facing 6:00) restart the dance from count 1.**

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