

Whenever You're Lonely

COPPERKNOB
BY SHEILA AND ANDREW

拍数: 48 墙数: 2 级数: Intermediate / Advanced
编舞者: Andrew Palmer (UK) & Sheila Palmer (UK) - February 2011
音乐: Run to Me - Raul Malo : (CD: You're Only Lonely)



(8 Count Intro – Approx 11 Seconds. Start on Vocals)

SIDE. ROCK-RECOVER. SIDE. ROCK-RECOVER. 1/4 TURN. STEP-LOCK-1/4 TURN. ROCK-RECOVER

1-2& Step side Right, rock Left behind Right, recover
3-4& Step side Left, rock Right behind Left, recover
5 1/4 turn Left (9:00) step back on Right
6&7 Step back on Left, lock Right across Left, 1/4 Left (6:00) step fwd Left
8& Rock fwd Right, recover

STEP. SWEEP. STEP. SWEEP. ROCK-RECOVER-1/4 TURN. ROCK-RECOVER-1/4 TURN. SAILOR-HALF-FWD

1&2& Step back Right, sweep Left, step back Left, sweep Right
3&4 Rock back Right, recover, 1/4 turn Left (3:00) step side Right
5&6 Rock back left, recover, 1/4 turn Right (6:00) step back Left
7&8& Sailor-step 1/2 turn Right, step fwd Left

STEP. PIVOT 1/4 TURN. CROSS-ROCK-1/4 TURN. STEP-PIVOT-1/2 TURN-STEP. 1/4 TURN. 1/2 TURN. STEP

1-2 Step fwd Right, pivot 1/4 turn Left (9:00)
3&4 Cross-rock Right over Left, recover, 1/4 turn Right (12:00) step fwd Right
5&6 Step fwd left, pivot 1/2 turn Right, (6:00), step fwd left
7&8 1/4 turn Left (3:00) step back Right, 1/2 turn Left (9:00) step fwd left, step fwd Right

PRESS. KICK. LOCK-STEP BACK. SWAY. SWAY. ROCK BEHIND-RECOVER-SIDE

1-2 Press fwd on Left, recover-kick
3&4 Lock-step back (L-R-L)
5-6 Sway Right, sway Left
7&8 Rock Right behind Left, recover, step side Right

WEAVE RIGHT. ROCK BEHIND-RECOVER-SIDE. HOLD. BALL-CROSS. ROCK-RECOVER-1/4 TURN. STEP

1&2& Step Left behind Right, step side Right, step Left over Right, step side Right
3&4 Rock Left behind Right, recover, step side Left
5&6 Hold, step ball of left beside Right, cross Right over left
7&8 Rock left to side, 1/4 turn Right (12:00) recover, step fwd Left

***** Restart here during wall 4. You will be facing the back wall.**

PRESS. RECOVER. BACK. 1/2 TURN. STEP. ROCK. RECOVER. ROCK SIDE-RECOVER-CROSS

1-2 Press fwd Right, recover-kick
3&4 Step back Right, 1/2 turn Left (6:00) step fwd Left, step fwd Right
5-6 Rock fwd Left, recover
7&8 Rock side left, recover, cross left over Right

NB: On wall 4 dance 40 counts (facing 6:00) restart the dance from count 1.

Email: sheilaandandrew@hotmail.com / Telephone (Andrew) 07729285100 / www.a-s-portal.com

