

Easy Boogie

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Judy Rodgers (USA) - February 2011
音乐: Boogie Shoes - KC and the Sunshine Band



(16 count intro)

Alt Music:

Super Love by Exile (64 cnt intro)

Settlin' by Sugarland (48 cnt intro)

WALK, WALK, WALK, HEEL, STEP, TOUCH, STEP, HEEL

1-4 Walk back, right, left, right, touch left heel forward
5-8 Step down left, touch right beside
7-8 Step back right, touch left heel forward

ROCK BACK, RECOVER, STEP TURN ¼ , TOE STRUT LEFT, TOE STRUT RIGHT

1-2 Left rock back, recover to right
3-4 Step left forward, turn ¼ right (weight on right)
5-8 Step left toe forward, drop left heel, step right toe forward, drop right heel

STEP, KICK, STEP, HITCH, VINE LEFT

1-4 Step left forward, kick right forward, step right back, hitch left
5-8 Step left to side, step right behind left, step left to side, touch right beside

JUMP OUT, HOLD, JUMP IN, HOLD, KNEES IN, OUT, IN, HOLD

&1-2 Step right to right side, step left to left side, hold (and clap)
&3-4 Step right to center, step left to center, hold (and clap)
5-8 Turn right knee in, turn left knee in, turn right knee in, hold (weight on left)

REPEAT
