

# Keep Your Head Up

拍数: 48      墙数: 2      级数: Intermediate  
编舞者: Francesca Gilmore (UK) - February 2011  
音乐: Keep Your Head Up - Andy Grammer



Start on vocals. 16 counts from start of music.

## Right slide lock, left slide lock, cross rock side, cross rock 1/4 step

1, 2&      Step right forward to right diagonal slide left to right, lock left behind (2), step forward on right(&).  
3, 4&      Step left forward to left diagonal slide right to left, lock right behind(4) step forward on left(&).  
5&6      Cross rock right over left, recover weight back onto left (&), step right to right side (6)  
7&8      Cross rock left over right, recover weight back onto right (&) step left 1/4 turn to your left (8).

## 1/4 big step back rock side step, behind side cross side rock cross and cross

1, 2&3      Step forward on right turning a quarter left drag left to right foot, left back rock(2)recover weight onto right(&) step left to left side(3).  
4&5      Step right behind left, step left to left side, step right across left  
6&7&8      Left side rock recover and cross left over right, step right to right side and cross left over right.

## Right side rock, left side rock, right rumba box

1, 2&      Right side rock recover weight onto left (2), step right next to left (&)  
3,4 &      Left side rock recover weight onto right (4), step left next to right (&)  
5&6      Side step right, left together, step right forward  
7&8      Side step left, right together, step left back

## Walk back x2 (optional full turn back on two counts), right coaster step, rock forward left, side rock left, right touch side, heel hook.

1, 2      Walk back right, left  
3&4      Right back, left together, right forward  
5&6&      Rock forward on left (5) recover weight back onto right(&), rock left to left side(6) recover weight back onto right(&),  
7&8&      Step left together(7), point right toe to right side(&), tap right heel forward (8) hook right foot across left shin (&).

Restart!

## Tag end of wall 1 and 3.

### Rock forward recover hook, shuffle forward, repeat on left

1, 2&      Rock forward on right(1) recover weight back onto left(2), hook right foot across left shin(&),  
3&4      Step right forward, left together, step forward on right  
5,6&      Rock forward on left(5) recover weight back onto right(6), hook left foot across right shin(&)  
7&8      Step forward on left, right together, step forward on left.

### Side together back, side together back, back shuffle, coaster step.

1&2      Side right, left together, step back on right  
3&4      Side left, right together, step back on left  
5&6      Step back right, step left together, step back right  
7&8      Step left back, step right together, step left forward