

Pretty Girl Rock

COPPER **NOB**
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Chris Jackson (UK) - February 2011
音乐: Pretty Girl Rock - Keri Hilson



16 count intro (start on vocals, where Keri sings 'My Name' begin on the word 'Name')

KICK AND POINT, AND POINT, TURN/POINT AND

1&2&3&4& Kick Right forward, step Right next to Left, point Left toe to Left side, step Left next to Right, point Right toe to Right side, make a half turn Right on Left toe, step Right next to Left, point Left toe to Left side, slide Left next to Right

CROSS, SCUFF/HITCH/CROSS, SCUFF/HITCH

5,6&7,8& Cross Right over Left, scuff Left forward and across Right as you bounce on Right toe and swivel body from the Left to the Right diagonal and cross Left over Right, scuff Right forward and across Left as you bounce on Left toe and swivel body from the Left to the Right diagonal

CROSS/PRESS, FLICK, COASTER STEP

9,10,11&12 Press forward Right on new Right diagonal (3 o'clock), push back weight on to Left as you straighten up to 3 o'clock wall and flick Right forward, step back Right, step Left next to Right, step forward Right

PADDLE AND PADDLE AND PADDLE AND STEP

13&14&15&16 Touch Left toe forward and paddle a quarter turn Right, touch Left toe forward and paddle a quarter turn Right, touch Left toe forward and paddle a quarter turn Right, step forward Left

STEP TURN, KICK AND POINT

17,18,19&20 Step forward Right, pivot a quarter turn Left, kick Right forward, step Right next to Left, touch Left toe to Left side

AND POINT AND BOB, KICK AND POINT

&21&22,23&24 Step Left next to Right, point Right toe to Right side, step Right next to Left, bob down and up on the spot, kick Right forward, step Right next to Left, point Left toe to Left side

TWIST, TOUCH, SHUFFLE FORWARD

25,26,27&28 Twist a quarter turn Left keeping weight on Right, touch Left toe back, step forward Left, step Right next to Left, step forward Left

TURN AND SLIDE, SHIMMY AND TOUCH

29,30,31&32 Make a quarter turn Left as you make a long step to the Right and slide and touch Left next to Right, step Left to Left side as you bob down and shimmy shoulders, bob up and touch Right next to Left

START AGAIN

ENDING: Wall 10 - Keep on dancing when ending goes very quiet and end on paddle steps to face the front – PADDLE AND PADDLE AND STEP 13&14&15.