# Road to Ruin



编舞者: Gerard Murphy (CAN) - September 2010

音乐: Road to Ruin - Great Big Sea: (CD: Safe Upon The Shore)



#### Start point: After 16 counts.

## Kick and touch, kick and touch, Kick ball cross heel jack, hold

1&2 Kick R forward, step onto R, touch L next to R3&4 Kick L forward, step onto L, touch R next to L

5&6&7 Kick R forward, step onto ball of R, cross step L over R, step R back on R diagonal, touch L

heel forward on L diagonal

8 HOLD

### And cross side step, ¼ turn right step, cross, shuffle right, rock recover

&1,2 Step onto L in place, cross step R over L, step L to L3,4 Step R back making a ¼ turn R, cross step L over R

5&6 Shuffle R: R,L,R

7,8 Rock step L behind R, recover onto R

## Side behind ball cross side, sailor step, sailor step

1,2&3,4 Step L to L, cross step R behind L, step on L in place, cross step R over L, step L to L

5&6 Sailor step: R,L,R7&8 Sailor step: L,R,L

#### Rock recover, coaster step, walk, walk, walk, touch

1,2 Rock forward on R, recover on L

3&4 Coaster step back: R,L,R
5,6,7 Walk forward 3x: L,R,L
Touch R next to L

## Start Over!

#### TAG:

#### 16 counts. Danced once after two complete rotations of the 32 count dance - on the back wall.

1-8 Dance the first 8 of the dance EXACTLY!

### (9-16) Repeat the same pattern as the first 8 of the dance but with the opposite feet:

9&10 Kick L forward, step onto L, touch R next to L11&12 Kick R forward, step onto R, touch L next to R

13&14&15 Kick L forward, step onto ball of L, cross step R over L, step L back on L diagonal, touch R

heel forward on R diagonal

16 HOLD

Contact: murphydance@ns.sympatico.ca