

Good Vibrations

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Gerard Murphy (CAN) - September 2010
音乐: Good Vibrations (Glee Cast Version) - Glee Cast : (Single - 4:13)



Start point: FUN!! start is 68 counts in – after singer says “1,2,3,4.” (PLAY for the first 33 seconds!). However, starting immediately after the first 4 beats of the drums works fine too!

Walk, Walk, Shuffle Forward, Walk, Shuffle Forward, Walk

1,2 Walk forward R, L
3&4 Shuffle forward: R, L, R
5 Step forward on L
6&7 Shuffle forward: R, L, R
8 Step forward on L

Step, ½ Turn, Step, ½ Turn, Step Forward Touch, Step Side Touch

1,2 Step forward on R, pivot ½ turn L (weight onto L – facing 6 o'clock)
3,4 Step forward on R, pivot ½ turn L (weight onto L – facing 12 o'clock)
5,6 Step forward on R, touch L next to R
7,8 Step L to L, cross touch R diagonally over L (with a straight leg)

Step Side, Together, Side, Touch; Step Side, Behind, ¼ Turn Left, Touch

1,2,3,4 Step R to R, step L next to R, step R to R, touch L next to R
5,6,7,8 Step L to L, cross step R behind L, step L a ¼ turn to L, touch R next to L

Rock Recover Coaster Step; Rock Recover ½ Turn Shuffle

1,2,3&4 Rock forward on R, recover on L, coaster step back – R, L, R
5,6,7&8 Rock forward on L, recover on R, shuffle ½ turn over L shoulder – L, R, L

Start Over!

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Last Update: 16 Jun 2023
