

I'm A Star

COPPER **KNOB**
BY STEPHEN METZ

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Jo Kinser (UK) & John Kinser (UK) - February 2011
音乐: I'm a Star - Chrisette Michele : (Album: Left Freedom Reign)



Start the dance on the vocals (0:11).

[1-8] Side, Rock, &, Side, Close, Fwd, Turn, Turn, Coaster Step, Full Turn, Step, Step

1,2& Step Rt to Rt, Rock Lt behind Rt, Replace weight Rt
3&4 Step Lt to Lt, Step Rt next to Lt, Step Lt fwd
&5 Make 1/4 turn Lt stepping Rt to Rt (9:00), Make 1/8th turn Lt stepping Lt back (7:30)
6&7 Step Rt back, Step Lt next to Rt, Step Rt fwd (prep)
&&1 Make 1/2 turn Rt stepping back Lt, Make 1/2 turn Rt stepping Rt fwd, Step Lt fwd, Step Rt fwd

(Easy Option for &&1: Run fwd, Lt, Rt, Lt, Rt)

[9-16] Rock & Cross, 1/4 Turn, 1/4 Turn, Walk, Walk, Rocking Chair, Side, Close, Side

2&3 Make 1/8th turn Rt Rocking Lt to Lt, Replace weight Rt, Step Lt across Rt (9:00)
&4&5 Make 1/4 turn Lt stepping back Rt, Make 1/4 turn Lt stepping Lt fwd, Walk fwd Rt, Lt (3:00)
6&7& Rock Rt fwd, Replace weight Lt, Rock Rt back, Replace weight Lt
8&1 Step Rt to Rt, Step Lt next to Rt, Step Rt to Rt (3:00)

[17-24] Rock & Weave, Full Turn, Side, Coaster Step, Mambo 1/2 Turn, Side

2&3 Rock Lt behind Rt, Replace weight Rt, Step Lt to Lt
&4 Step Rt behind Lt, Make 1/4 turn Lt stepping Lt fwd (12:00)
&5 Make 1/2 turn Lt stepping Rt back (6:00), Make 1/4 turn Lt stepping Lt to Lt (3:00)
6&7 Step Rt back, Step Lt next to Rt, Step Rt fwd
&&1 Rock Lt fwd, Replace weight Rt, Make 1/2 turn Lt stepping Lt fwd, Step Rt to Rt (9:00)

[25-32] Rock & Side, Behind, Side, & Fwd, Rock 1/2 Turn, Pivot 1/2 Turn, Step

2&3 Rock Lt behind Rt, Replace weight Rt, Step Lt to Lt
&4 Step Rt behind Lt, Step Lt to Lt
&5 Step Rt fwd, Step Lt fwd
6&7 Rock Rt fwd, Replace weight Lt, Make 1/2 turn Rt stepping Rt fwd (3:00)
&& Step Lt fwd, Pivot 1/2 Turn Rt (weight Rt), Step Lt fwd and slightly across Rt (9:00)

HAVE FUN

Co-choreographers: (01.11)

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