

Red

拍数: 64 墙数: 2 级数: Higher Intermediate
编舞者: Daniel Whittaker (UK) - February 2011
音乐: Red (Moto Blanco Radio Remix) - Daniel Merriweather : (3:42)



[1-8] Stomp, Sailor ½ turn, ¾ turn hold

- 1-2 Stomp right foot forward, Hold (12:00)
3&4 step left behind right, ¼ turn left step right beside left, make ¼ turn left step left slightly forward (6:00)
5-8 Step right forward, make ½ turn right step left back, make ¼ turn right step right forward, hold (3:00)

[9-16] & step, brush hitch, 3 x touch steps

- &1-2 Step left beside right, step forward right, brush left beside right as you hitch your left knee (3:00)
3&4 a s you return your left foot back in place brush left beside right stepping back left, touch right toe in front of left
5-6 Step back right, touch left in front of right
7-8 Step back left, touch right in front on left

[17-24] Weave sailor step, ½ hinge, chasse

- &1-2 Step right beside left, cross left over right, step right to right side
3&4 Cross left behind right, step right beside left, step left to left side
5-6 Cross right over left, make ¼ turn right stepping left back left (6:00)
7&8 Make ¼ turn right stepping right to right side, close left to right, step right to right side (9:00)

[25-32] Heel grind, touch ball heel x 2

- 1-2 Step left foot forward turning toes inwards, now push toes out to face left diagonal
3&4 Touch right toe beside left heel, step back on right, touch left heel forward
& Step weight on left bring right beside left
5-6 Step right foot forward turning toes inwards, now push toes out to face right diagonal
7&8 Touch left toe beside right heel, step back on left, touch right heel forward

[33-40] Jazz box ¼ turn, side rock, sailor step, kick side point

- &1-2 Step right beside left, cross left over right, make ¼ turn left step right foot back (6:00)
3-4 Rock left to left side, recover weight on to right
5&6 Step left behind right, step right beside left, step left to left side
7&8 Kick right foot forward, step right beside left, touch left to left side

[41-48] Back rock, ½ step back, sailor ½ turn cross hold, cross shuffle

- 1-2-3 Rock left foot back, recover weight on right, ½ turn right step left foot back (facing 12:00)
4&5 Step right foot behind left, make ¼ turn right stepping left beside right, make ¼ turn right crossing right over left
6 Hold
&7&8 Step left to left side, cross right over left, step left to left side, cross right over left (6:00)

****GET TO THIS POINT ON WALL 6 AND RESTART FACING FRONT WALL (12:00)****

[49-56] Side rock, cross over step back, bump hips

- 1-2 Rock left to left side, recover weight on right
3-4 Step left over right, step right foot back
5-8 Step left foot back to left diagonal and push hips back, forward, back, forward

[57-64] Front side, sailor step, touch, front, side, front, side

1-2 Cross left over right, step right to right side,
3&4 Step left behind right, step right beside left, step left to left side
5-8 Touch right toe in front of left, right toe to right side, right toe in front of left, right toe to right side

END OF DANCE

Restart note: When you start wall 6 on the back wall dance up to 48 counts and restart the dance facing front wall (because weight is on your right you need to do a ball step to restart)
