

Simply Let It Be

拍数: 32 墙数: 2 级数: Improver NC2S
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音乐: Let It Be - Katie Stevens : (CD: American idol Season 9)



Intro: 16 counts (vocals)

(1-8) Nightclub basic to Rt, sway L&R, Repeat to Left.

1-2& . Step RT to RT side, close LF slightly behind RT, Recover weight to RT.
3-4 Step LF to side and sway to LF and RT.
5-6& Step LF to LF side, close RT slightly behind LF Recover weight to LF.
7-8 Step RT to side and sway to RT and LF.

(9-16) Fwd RT rock, ½ RT rock. RT coaster. Repeat with Left

1&2& Rock fwd RT foot, recover weight LF, keeping LF in place rock onto RT turning ½ RT,
 recover weight LF
3&4 Step back RT, close LF to RT, step fwd RT. (6.00)
5&6& Rock fwd LF foot, recover weight RT, keeping RT in place rock onto LF turning ½ LF, recover
 weight RT
7&8 Step back LF, close RT to LF, step fwd LF.

(17-24) Crossing ½ hinge turn, Cross rock & side, crossing triple, coaster cross 1/4 turn right

1-2& Cross RT over LF, step back LF ¼ turn RT, step side RT ¼ turn RT (6.00)
3-4& Cross LF over RT, recover weight RF, step side LF
5&6 Cross RT over LF, step LF small step to side and slightly back, cross RT over LF.
7-8& Step back LF ¼ turn RT, close RT to LT, Cross LT over RT (9.00)

(25-32) Sway R& L, behind turn ¼ left , mambo step ½ RT, Mambo step ½ LF with nc2 timing.

1-2 Step RT to right side sway RT, recover wt LF sway LF
3-4 Cross RT behind LF, step LF fwd turning ¼ LF (6.00)
5-6& Rock fwd RT, recover LF, turn ½ RT Step fwd RT (12.00)
7-8& Rock fwd LF, recover RT, turn ½ LF, step fwd LF. (6.00)

Start again.

Enjoy xx