Jazzy's Out For Ten



拍数: 32 **墙数:** 4 **级数:** Fun Beginner

编舞者: Sebastiaan Holtland (NL) - February 2011

音乐: 10/10 - Paolo Nutini: (CD: Sunny Side Up 2009)



Intro: 8 Slow Counts (09 Sec)

[1-8] Syncopated Walks Back R-L-R, Together, Walks Fwd R-L-R-L

1-2 Stepping back on RF, stepping back on Lf (12:00)

3-4 Stepping back on RF, step Lf beside Rf take weight onto LF

Note: While doing the steps backwards, the style of the jazzy hands (While doing the steps back as an option with your body to bend)

5-6 Walk forward on RF, walk forward on LF7-8 Walk forward on RF, walk forward on LF

Note: During the walks forward swing with both hands (left after right after)

[9-16] Pivot 1/4 L, Cross, Side, 1/4 R, 1/4 R, Side, Fwd Rock / Recover, Side

1-2 Step forward on RF, turn 1/4 left (9) take weight on L (1 / 4 Pivot L)

3-4 Cross right over left, turn 1 / 4 right (12) Step left behind 5 Turn 1 / 4 right (3) Step right to right side weight RF

6-7-8 Rock left forward, recover to right, step left to left side (Rock, Recover, Side)

[17-24] Fwd, Side, Back, Cross, Diagonal Kick Fwd, Cross, 1/4 R, Back, Side

1-2 Step forward on RF, step left side

3-4 Step back, cross Lf over RF

5-6 Kick right diagonally forward, cross RF over LF

7-8 Turn 1 / 4 right (6) step left back, step right to right side weight onto RF

[25-32] Step Fwd, Hold, 1/4 Step Together, Hold, 1/4 Step Fwd, Hold, 1/4 Step Together, Hold

1-2 Step forward on LF, Hold

3-4 Turn 1 / 4 right on LF (9) step right together, Hold

5-6 Turn 1 / 4 left (6) Step forward on Lf, Hold

7-8 Turn 1 / 4 right on Lv (9) step right together, Hold take weight on left

Note: During steps 1-8 clasp hands together and shake them at hip height

Start again and have fun!

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