

# Disco 100

**COPPER** KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Advanced Beginner  
编舞者: Iwan Loebis (INA) - February 2011  
音乐: Two Tribes (Disco Remix) - Frankie Goes To Hollywood



## STEPS, CHASSE, TRAVELLING TURN, HOOK

1-2      Step R to right side, step R next to R  
3&4      Step R to right side, step L next to R, step R to right side  
5-8      ¼ turn left step L forward, ½ turn left step back on R  
7-8      ¼ turn right step L to left side, hook R forwards

## CROSS AND TOUCH, SAILOR ¼ TURN, KICK BALL CROSS

1-2-3-4      Cross R over L, touch L out to left side, cross over R, touch R out to right side  
5&6      ¼ turn right stepping R behind L, step L next to R, step R forward  
7&8      Kick L forward, step L next to R, cross R over L

## ROCK RECOVER WITH ¼ TURN, FWD SHUFFLE, ½ TURN, STEP, CROSS, SIDE CROSS

1-2      Rock L to left side, recover on R making ¼ turn right  
3&4      Step L forward, step R next to L, step L forward  
5&6      Make ½ turn right step back on R, step L to left side, cross R over L  
7&8      Step L to left side, step R to right side, cross L over R

## ROCK RECOVER, FLICK, ¼ SHUFFLE TURN, KICK BALL STEP

1-2      Step/rock R to right side, recover on L  
3&4&      Change weight in place on R, L, R, flick L back  
(count 1 to 4 .. with hips movement)  
5&6      Step L to left side, step R next to L, make ¼ turn right stepping L to left side  
7&8      Kick R forward, step R next to L, step L forward

## REPEAT AND ENJOY YOUR DANCE ... TILL ... DROP .... !!!!!

There 2 easy tags after 2nd WALL AND 5th WALL

**TAG 1: After 2nd wall do the dance as follows:**

### SIDE STEPS

1-2-3      Step R to right side, step L to right side, Step R to right side  
4-5-6      Step L to left side, step R to left side, step L to right side  
7-8      Step R to right side, step L to left side

### VINE, ROCK RECOVER, CROSS, SIDE, CROSS

1-2-3-4      Step R to right side, cross L behind R, step R to right side, cross L over R  
(optional: can be done, becomes 2 times full turn)  
5-6      Step/rock R to right side, recover on L  
7&8      Cross R behind L, step L to left side, cross R over L

### LEFT CHASSE, CROSS, ¼ TURN, ½ PIVOT TURN, ROCK RECOVER

1&2      Step L to left side, step R next to L, step L to left side  
3-4      Cross R behind L, ¼ turn left stepping L forward  
5-6      Step R forward, make ½ turn left (weight on L)  
7-8      Step/rock R to right side, recover on L

Start again the dance from the beginning

**TAG 2: After 5th wall do the dance as follows:**

## **SIDE STEPS**

1-2-3            Step R to right side, step L to right side, Step R to right side  
4-5-6            Step L to left side, step R to left side, step L to right side  
7-8              Step R to right side, step L to left side

## **VINE, ROCK RECOVER, KICK BALL CROSS**

1-2-3-4            Step R to right side, cross L behind R, step R to right side, cross L over R

**(optional: can be done become 2 times full turn)**

5-6              Step/rock R to right side, recover on L

7&8              Kick R forward, step R next to L, cross L over R

**Start again the dance from the beginning**

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