

Fragile Not Broken

COPPER KNOB
BY SHEETS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Dee Musk (UK) - January 2011
音乐: Fragile Not Broken - Natalia : (CD: This Time & Back For More)



16 count intro from the heavy beat.

Section 1: Stomp, Hold, Sailor Step, Jazz Box

1 – 2 Stomp left to left side. Hold.
3 & 4 Cross right behind left. Step left to left side. Step right to place.
5 – 8 Cross left over right. Step right back. Step left to left side. Step right forward.

Restart Wall 5: Restart dance again from beginning at this point (facing 12:00)

Section 2: Forward Shuffle, Step, 3/4 Turn, Side, Together, Chasse

1 & 2 Step left forward. Close right beside left. Step left forward.
3 – 4 Step right forward. Make 3/4 turn left (weight onto left). (3:00)
5 – 6 Step right to right side. Close left beside right.
7 & 8 Step right to right side. Close left beside right. Step right to right side.

Section 3: Cross, Hold, Back Side Cross, Modified 1/4 Monterey Turn

1 – 2 Cross left over right. Hold.
& 3 – 4 Step back on right. Step left to left side. Cross right over left.
5 – 6 Point left to left side. Make 1/4 turn left stepping left beside right. (12:00)
7 – 8 Point right to right side. Cross right over left.

Section 4: Chasse, Back Rock, Side, Together, Chasse 1/4 Turn

1 & 2 Step left to left side. Close right beside left. Step left to left side.
3 – 4 Rock back on right. Recover onto left.
5 – 6 Step right to right side. Close left beside right.
7 & Step right to right side. Close left beside right.
8 Make 1/4 turn right stepping right forward. (3:00)

Section 5: Step, 1/2 Turn, Side Rock, Cross, Hold, Back Side Step

1 – 2 Step left forward. Make 1/2 turn right (weight on right). (9:00)
3 – 4 Rock left out to left side. Recover onto right.
5 – 6 Cross left over right. Hold.
& 7 – 8 Step right back. Step left to left side. Step right forward.

Section 6: Kick, Kick, Back, Touch, Back Rock, Kick Ball Cross With 1/4 Turn

1 – 2 Kick left forward twice.
3 – 4 Step left back. Touch right beside left.
5 – 6 Rock back on right. Recover onto left.
7 & Kick right forward. Step right beside left making 1/4 turn left.
8 Cross left over right. (6:00)

Section 7: Side Rock, Behind, Side, Step 1/2 Turn x 2

1 – 2 Rock right out to right side. Recover onto left.
3 – 4 Cross right behind left. Step left to left side.
5 – 6 Step right forward. Make 1/2 turn left.
7 – 8 Step right forward. Make 1/2 turn left (weight ends on left). (6:00)

Section 8: Stomp, Hold, Sailor Step, Behind, Side, Cross Shuffle

1 – 2 Stomp right to right side. Hold.

3 & 4 Cross left behind right. Step right to right side. Step left to place.
5 – 6 Cross right behind left. Step left to left side.
7 & 8 Cross right over left. Step left to left side. Cross right over left. (6:00)

Restart: There is one Restart, during Wall 5

Ending:

Start last Wall facing 6:00, dance to Count 6 of Section 2 (Side, Together) Then Chasse 1/4 turn right to face the front.
