## You Know You Should



编舞者: Chris Cotton - December 2010

音乐: Walkin' On Me (He Man Mix) - Big House: (CD: Best of Toe the Line)



#### Start on Lyrics after 32 count intro

#### WEAVE RIGHT, SIDE ROCK RECOVER, CROSS SHUFFLE LEFT.

1-4 Step right to right side, cross left behind right, step right to right side, Cross left over right.

5-6 Rock right out to right side, recover onto left.

7&8 Cross right over left, step left to left side, cross right over left

## STEP SIDE LEFT, HOLD, HALF HINGE TURN HOLD, FORWARD ROCK RECOVER, STEP BACK, TOUCH.

1-2 Step left to left side, hold for one count

3-4 Keeping weight on left foot, half hinge turn over right shoulder, step right foot to right side,

hold for one count.

5-6 Rock forward on left, recover onto right7-8 Step back on left, touch right toe beside left

## & HEEL DIG HOLD, & TOE TOUCH HOLD, SIDE SWITCHES, RIGHT, LEFT, RIGHT, CLAP.

&1-2 Step back and down on right foot, touch left heel forward, hold one count.

&3-4 Step left foot beside right, touch right toe beside left, hold one count

5&6 Touch right toe to right side, step left beside right and quickly touch left to left side

&7 8 Step left beside right and quickly touch right toe to right side, hold and clap for one count.

### HALF PIVOT LEFT x 2, V STEP FORWARD AND BACK.

Step forward on right foot, half pivot left, step down on left
Step forward on right foot, half pivot left step down on right
Step right foot to right diagonal, step left foot to left diagonal
Step right foot back to centre, step left next to right.

### CROSS ROCK, SIDE SHUFFLE, CROSS ROCK SIDE SHUFFLE

1-2 Cross rock right over left, recover onto left foot

3&4 Step right foot to right side, step left next to right, step right to right side

5-6 Cross rock left over right, recover onto left foot.

7&8 Step left foot to left side, step left next to right, step left to left side.

#### QUARTER TURN LEFT X 2, FORWARD ROCK RECOVER, COASTER STEP.

1-2 Step forward on right foot, quarter turn left, step down on left.3-4 Step forward on right foot, quarter turn left, step down on left.

5-6 Rock forward on right foot, recover onto left.

7&8 Step back on right foot, step left next to right, step forward on right.

#### STEP LOCK, FORWARD SHUFFLE, STEP LOCK FORWARD SHUFFLE

1-2 Step forward on left foot, lock right foot behind left.

3&4 Step forward on left, close right beside left, step forward on left.

5-6 Step forward on right foot, lock left foot behind right.

7&8 Step forward on right, close left beside right, step forward on right.

# FORWARD ROCK RECOVER, TRIPLE HALF TURN, RIGHT KICK FORWARD, STEP RIGHT, LEFT, TWO HIP BUMPS

1-2 Rock forward on left foot, recover onto right.

3&4 Make half turn to left, step down on left foot close right beside left Step forward on left.

5&6 Kick right foot forward, step right foot to right side, step left foot to left side.

7-8 Keep weight on left foot, bump left hip to left side, repeat.

### NB

The two half pivots in section four may be replaced with a rocking chair. This is a VERY long track you may need to shorten a little!

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