

Stone Cold

拍数: 64 墙数: 2 级数: Intermediate
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音乐: Stone Cold - Alan Connor



Intro: 48 Counts (24 secs) Start on "Know"

S1: BACK R DRAG, BACK LEFT, ½ TURN RIGHT, STEP HOLD, FULL TURN FORWARD

1-2 Big step back on right, Drag left to meet right
3-4 Step back on left, ½ turn right stepping forward on right [6]
5-6 Step forward on left, HOLD
7-8 ½ turn left stepping back on right, ½ turn left stepping forward on left [6]

(Easier Option 7-8 Walk forward right, Walk forward left)

S2: FORWARD ROCK, SHUFFLE BACK, ½ TURN LEFT, STEP ¼ TURN LEFT CROSS

1-2 Rock forward on right, recover on left
3&4 Step back on right, Step left next to right, Step back on right
5-6 ½ turn left stepping forward on left, Step forward on right [12]
7-8 ¼ turn left stepping left to left side, Cross right over left [9]

S3: CHASSE L, BACK ROCK, RIGHT KICK BALL CROSS, RIGHT ROCK

1&2 Step left to left side, Step right next to left, Step left to left side
3-4 Rock back on right, recover on left
5&6 Kick right foot forward, Step right next to left, Cross left over right
7-8 Rock right to right side, Recover on left

S4: JAZZ BOX, 2 x STEP ½ PIVOT LEFT

1-2 Cross right over left, Step back on left
3-4 Step right to right side, Step forward on left
5-6 Step forward on right, ½ pivot turn left [3]
7-8 Step forward on right, ½ pivot turn left [9]

(Easier Option 5-6-7-8 Rock forward on right, Recover on left, Rock back on right, Recover on left)

S5: SIDE RIGHT HOLD, & CROSS HOLD, ¼ TURN BACK SIDE, CROSS SHUFFLE

1-2 Step right to right side, HOLD
&3-4 Step left next to right, Cross right over left, HOLD
5-6 ¼ turn right stepping back on left, Step right to right side [12]
7&8 Cross left over right, step right to right side, Cross left over right

S6: SIDE, RIGHT HOLD, & CROSS HOLD, ¼ TURN BACK SIDE, CROSS SHUFFLE

1-2 Step right to right side, HOLD
&3-4 Step left next to right, Cross right over left, HOLD
5-6 ¼ turn right stepping back on left, Step right to right side [3]
7&8 Cross left over right, step right to right side, Cross left over right

S7: ¼ MONTEREY CROSS, CHASSE RIGHT, BACK ROCK

1-2 Point right to right side, ¼ turn right stepping right next to left [6]
3-4 Point left to left side, Cross left over right
5&6 Step right to right side, Step left next to right, Step right to right side
7-8 Rock back on left, Recover on right

S8: CHASSE LEFT, BACK ROCK. SWEEP FORWARD RIGHT, SWEEP FORWARD LEFT

1&2 Step left to left side, Step right next to left, Step left to left side

3-4 Rock back on right, recover on left
5-6 Ronde sweep right from back to front, Step forward on right
7-8 Ronde sweep left from back to front, Step forward on left [6]
